

“To keep the body in good health is a duty otherwise we shall not be able to keep our mind strong and clear” - Buddha



Royal Throne August 2022

Free Children's Health Clinic



August 9, 2020

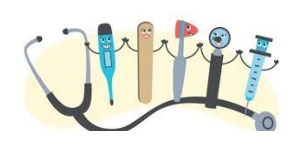
4:00 PM—7:00PM

No appointment needed

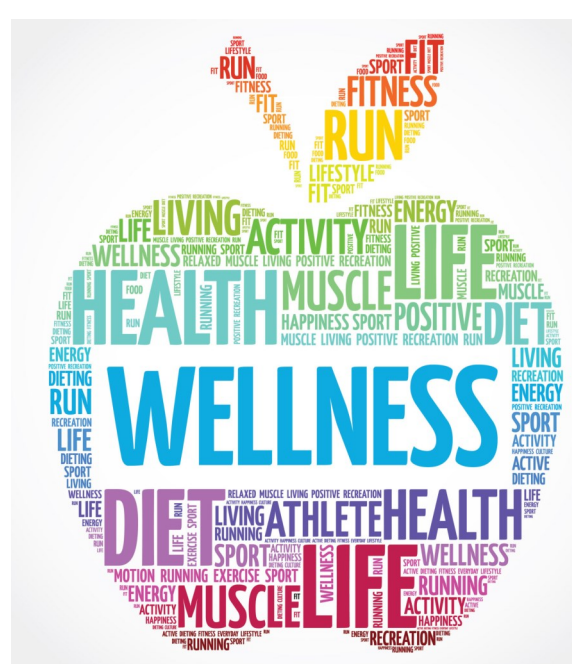
Ages PreK — 12th Grade



- ⇒ Physicals
- ⇒ Immunizations
- ⇒ Dental Screenings
- ⇒ Vision Screening
- ⇒ Hair Cuts
- ⇒ Lead Testing
- ⇒ Health Insurance information (including Hawki)



For more information call 712-792-9266



AUGUST IS NATIONAL WELLNESS MONTH

WELLNESS IS THE COMPLETE INTEGRATION OF BODY, MIND, AND SPIRIT - THE REALIZATION THAT EVERYTHING WE DO, THINK, FEEL, AND BELIEVE HAS AN EFFECT ON OUR STATE OF WELL-BEING.

- GREG ANDERSON