

A mentor is someone who allows you to see the hope inside yourself. — Oprah Winfrey

Royal Throne



MENTORING —








It doesn't take a superhero to make a difference in a child's life!
You can be that person!

- Mentoring a child through New Opportunities Mentoring Programs is fun and rewarding for children and adults.
- Mentoring creates a special bond and can help build self-esteem, develop strong values, and provide a fund, nurturing environment.
- And you can do that in as little as 4 hours per month!

Youth who participate in a good mentoring program:

- Less likely to start using drugs
- Less likely to start using alcohol
- Less likely to skip a day of school
- Less likely to hit someone
- Less likely to lie to their parents
- More likely to have better self esteem
- More confident in their schoolwork
- More trusting of adults

WITH A MENTOR, AT-RISK YOUTH ARE:

-  **52%**
less likely than their peers to skip a day of school
-  **55%**
more likely be enrolled in college
-  **46%**
less likely than their peers to start using drugs
-  **81%**
more likely to report participating regularly in sports or extracurricular activities
-  **78%**
more likely to volunteer regularly in their communities
-  **130%**
more than twice as likely to say that they held a leadership position in a club or sports team
-  **90%**
Respondents who had a mentor said they are now interested in becoming mentors

New Opportunities Mentoring Programs

Total **67 matches** and we need more mentors:

Audubon: 3 youth waiting

Carroll: 3 youth waiting

Greene: 3 youth waiting

Guthrie: 1 youth waiting

Sac: 4 youth waiting

The number of mentor matches are continuing to grow!

Questions about Mentoring? Contact Jamie Miller-West, Mentoring Coordinator at (712) 662-7921.

Opportunity to Give Back

This month consider hosting a children's book drive for your local family development center. Books are essential items for education development that can help our low-income families who may not be able to afford them.