Fit in February: Don't be a couch potato: Try 20 squats, lunges, or sit ups on the next commercial break.

Royal Throne

February 2020

New Opportunities
Helping People. Changing Lives.

2019-2020 LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM

When to apply:

** Elderly (60+) and/or disabled:	October 1, 2019 -- April 30, 2020
** All other households:	November 1, 2019 -- April 30, 2020

WHAT TO BRING WITH YOU: HOUSEHOLD INCOME GUIDELINES

Proof of Income

- ☐ Most Recent 1 Month OR
- ☐ Most Recent Federal Income Tax Form
- ☐ Include Check Stubs, Award Letters from Social Security, etc.

From the Same Time Period as Above include:

- ☐ FIP
- ☐ Child Support
- ☐ Pension
- ☐ OTHER Income Sources

Additional Items to Bring With You:

- ☐ Social Security card/documentation
- ☐ Names, Birth Dates of ALL in Household
- ☐ Most Recent Heat Bill
- ☐ Most Recent Electric Bill (if separate from Heat Bill)

Household Size	One Month Gross Income	Annual Gross Income
1	$ 1,821	$ 21,858
2	$ 2,466	$ 29,593
3	$ 3,110	$ 37,328
4	$ 3,755	$ 45,063
5	$ 4,399	$ 52,798
6	$ 5,044	$ 60,533
7	$ 5,689	$ 68,268
8	$ 6,333	$ 76,003

For family units with more than eight members, add $644 per month/$7,735 annually, for each additional member.

In an attempt to reach all qualifying households, we also provide local intake sites in communities within our seven-county service area!

WHERE TO APPLY: Applications are taken by appointment at the following locations (must apply in the county you reside in):

AUDUBON	109 Tracy Street	Audubon, IA 50025	(712) 563-2777
CALHOUN	334 Richmond Street	Rockwell City, IA 50579	(712) 297-7721
CARROLL	23751 HWY 30 PO Box 427	Carroll, IA 51401	(712) 792-9266
DALLAS	1212 Second Street	Perry, IA 50220	(515) 465-5185
	15920 Hickman Rd Ste. 800	Clive, IA 50325	(515) 478-5509
GREENE	1401 N Elm Street, Ste A	Jefferson, IA 50129	(515) 386-2719
GUTHRIE	400 State Street PO Box 22	Guthrie Center, IA 50115	(641) 747-3845
SAC	1710 W Main Street	Sac City, IA 50583	(712) 662-3236

During your LIHEAP appointment, be sure to ask the Family Development Center Coordinator in your county if you are eligible for our WEATHERIZATION program!

Opportunity to Give Back:

This month "Spread the Love" by hosting a PB&J Drive for your local food pantry. Peanut butter and jelly are essential items that our food pantries are always in need of to help our low-income families. All food donations are welcomed year round!