



Royal Throne

January 2020


New Opportunities Treatment and Prevention of Substance Abuse and Problem Gambling serves five counties, including: Audubon, Carroll, Greene, Guthrie, and Sac.


Numerous services are provided to adults and adolescents experiencing problems in their life due to substance misuse or problem gambling.


If we can help you through any of the following programs, contact us at: 712-792-9266!


Outpatient Programs

Prevention Education Services


 **Intensive Outpatient Program:** This program offers a minimum of nine hours of treatment services per week and is provided in structured, non-residential group sessions.

 **Botvin LifeSkills® Training:** sessions offered to elementary students to influence social and psychological factors to prevent initiation and early use of substances.

 **Extended Outpatient Program:** This program offers a minimum of one hour up to eight hours of treatment services per week and can be structured in one of the following ways:

 **PRI—Prime For Life :** Syllabus options for schools, targeted youth programs, and the twelve hour state DOT required offender program for OWI and Zero Tolerance.


- **Extended Outpatient Group:** Provides regularly scheduled weekly groups that address lifestyle, attitude and behavioral issues.

 **Evidenced Based Programming :** MATRIX, Prime Solution, KIDS (Keep It Direct & Simple), and LIB (Living in Balance).

- **Adolescent Outpatient Group:** Provides regularly scheduled groups two days a week. Adolescents learn to work and think on their own as they strive to change high-risk behaviors.

- **Individual Counseling:** Provides regularly scheduled individual sessions. The sessions are individualized to address the specific area of need to include the use of substances and the effects they have on the individual's personal life and that of the family.

- **Continuing Care:** Provides ongoing support and preparation for discharge following more extensive treatment in group and individual settings.

 **Crisis Services:** Counselors are available 24 hours a day, 7 days a week at 712-830-0074.

New Opportunities has been selected as the beneficiary of the HyVee reusable Bag Program that supports local nonprofits! Each time a \$2.50 red My Heart reusable Bag is purchased at the Carroll Hy-Vee during January we will receive a \$1 donation!



WINTER TIP: Take short steps & walk at a slower pace to help prevent slips on snow & ice.

New Decade, New Year, & New You!

The Joy of Giving

Help low-income families in your local community by donating or hosting a drive for personal hygiene items including: shampoo, soap, toilet paper & much more. Donations can be dropped off at your local Family Development Center.