

# Royal Throne



## What is an Opioid?

Opioids are a class of drugs that include the illegal drug heroin, synthetic opioids such as fentanyl, and pain relievers available legally by prescription, such as oxycodone, hydrocodone, codeine, morphine, and many others.



**81,000**  
People used heroin for the first time<sup>1</sup>

## What is an Opioid Use Disorder (OUD)?

- Strong desire to use opioids
- Increased tolerance to opioids
- Failure for ability to fulfill obligations
- Trouble reducing use
- Withdrawal syndrome with discontinuation



**2.1 million**  
People had an opioid use disorder<sup>1</sup>

## What are Opioid withdrawal symptoms?

- Nausea
- Muscle aches
- Diarrhea
- Trouble sleeping
- A low mood



**11.4 m**  
People misused prescription opioids<sup>1</sup>

Images from [www.hhs.gov/opioids](http://www.hhs.gov/opioids)

## IN RESPONSE TO THE OPIOID EPIDEMIC...



Is partnering with



**UCS**  
healthcare

*your partner in total health*

## to offer Medication Assisted Treatment (MAT)

### What is MAT?

Medication Assisted Treatment (MAT) is a combination of prescribed medication and counseling, creating a greater opportunity for patients to succeed in long-term recovery. The MAT program offers hope to individuals struggling with addiction, through the use of Suboxone and Methadone, opiate-based treatments.

### Why is MAT important?

MAT helps reduce cravings and withdrawal symptoms, reduces drug-related overdose deaths, and improves treatment outcomes.

### What does the MAT program include?

The MAT program includes comprehensive evaluation/assessment, MAT therapy, Individualized Treatment plans, group therapy, and linkage with community support.

**For more information, contact New Opportunities at 1-800-642-6330**

**A Tip from the Financial Literacy Coordinator:** Take time to meal plan for the week, and plan quick, easy meals—this helps avoid the temptation of going out to eat!

*"We can't help everyone, but everyone can help someone." - Ronald Reagan*