

ROYAL THRONE



March 2021

Behavioral Health: Treatment and Prevention

New Opportunities' Treatment Department and Prevention Department merged to create New Opportunities' Behavioral Health Department. New Opportunities' Behavioral Health Department provides Problem Gambling and Substance Misuse Prevention and Treatment Service in five counties, including: Audubon, Carroll, Greene, Guthrie, and Sac.

If we can help you through any of the following programs, contact us at: 712-792-9266!

Outpatient Programs

☘ **Intensive Outpatient Program:** This program offers a minimum of nine hours of treatment services per week and is provided in structured, non-residential group sessions.

☘ **Extended Outpatient Program:** This program offers a minimum of one hour up to eight hours of treatment services per week and can be structured in one of the following ways:

- **Extended Outpatient Group:** Provides regularly scheduled weekly groups that address lifestyle, attitude and behavioral issues.
- **Adolescent Outpatient Group:** Provides regularly scheduled groups two days a week. Adolescents learn to work and think on their own as they strive to change high-risk behaviors.
- **Individual Counseling:** Provides regularly scheduled individual sessions. The sessions are individualized to address the specific area of need to include the use of substances and the effects they have on the individual's personal life and that of the family.
- **Continuing Care:** Provides ongoing support and preparation for discharge following more extensive treatment in group and individual settings.

Crisis Services: Counselors are available 24 hours a day, 7 days a week at 712-830-0074.

Prevention Education Services

☘ **Integrated Provider Network (IPN):** IPN Problem Gambling and Substance Misuse Prevention Services in addressing the priority areas of: Alcohol, Marijuana, Prescription Medications, Problem Gambling, and Tobacco.

☘ **Gambling Prevention:** Working to reduce gambling problems by providing education, outreach, & evidence based prevention services to schools, community groups, professional organizations, businesses, health care providers, and behavioral health providers. Services are provided free of charge .

☘ **JADE — Juvenile Alcohol & Drug Education:** a program of the Prime For Life curriculum designed to gently, but powerfully challenge common beliefs & attitudes that directly contribute to high-risk alcohol & drug use. Developed to achieve both prevention and intervention goals.

☘ **PRI—Prime For Life :** Syllabus options for schools, targeted youth programs, and the twelve hour state DOT required offender program for OWI and Zero Tolerance.

☘ **Drug Free Workplace:** Initial training is a 2-hour session, supervisors are educated on the issues of substance use/abuse in the workplace.

☘ **Tobacco Use Prevention & Control:** Presentations can be given to your group or organization to educate all ages of people about the dangers of tobacco products.

☘ **Random & Pre-Employment Drug Testing:** To support you in upholding your drug free workplace policy by providing pre-employment and random drug testing services.

The Love of Giving

Help low-income families in your local community by donating or hosting a drive for personal hygiene items including: shampoo, soap, toilet paper & much more. Donations can be dropped off at your local Family Development Center.

“Spring is nature’s way of saying, Let’s party!” — Robin Williams