

# WIC

Children are as healthy  
as the food they eat.



Women, Infants  
& Children

## The Women, Infants & Children Program

Provides *free* food and nutrition education to:

- pregnant women
- new mothers
- infants and children under age 5
- working families (family of 4 with \$3,793 or less gross monthly income)

Must meet income  
guidelines.

**1-800-642-6330**



Call to see if your family qualifies

New Opportunities  
WIC Program

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