

Fit in February: Don't be a couch potato: Try 20 squats, lunges, or sit ups on the next commercial break.

# Royal Throne

February 2021



## 2020-2021 LOW-INCOME HOME ENERGY ASSISTANCE PROGRAM

**When to apply:** \*\* Elderly (60+) and/or disabled: **October 1, 2020 -- April 30, 2021**  
 \*\* All other households: **November 1, 2020 -- April 30, 2021**

### WHERE:

Our lobbies are CLOSED but services are OPEN, but we ask that you **schedule an appointment**, if you would like to speak with the coordinator regarding your application or other resources. For more information, visit us at [www.newopp.org](http://www.newopp.org).

### APPLY BY:

- Mail
- Phone Appointment
- Fax
- Online Application

**\*\*\* Due to COVID-19, we are unable to hold appointment in person this year.**

Household Size	One Month Gross Income	Annual Gross Income
1	\$ 1,860	\$ 22,330
2	\$ 2,514	\$ 30,170
3	\$ 3,167	\$ 38,010
4	\$ 3,820	\$ 45,850
5	\$ 4,474	\$ 53,690
6	\$ 5,127	\$ 61,530
7	\$ 5,780	\$ 69,370
8	\$ 6,434	\$ 77,210

For family units with more than eight members, add \$653 per month/\$7,840 annually, for each additional member.

<b>AUDUBON</b>	109 Tracy Street	Audubon, IA 50025	(712) 563-2777
<b>CALHOUN</b>	334 Richmond Street	Rockwell City, IA 50579	(712) 297-7721
<b>CARROLL</b>	23751 HWY 30 PO Box 427	Carroll, IA 51401	(712) 792-9266
<b>DALLAS</b>	1212 Second Street	Perry, IA 50220	(515) 465-5185
<b>GREENE</b>	1401 N Elm Street, Ste A	Jefferson, IA 50129	(515) 386-2719
<b>GUTHRIE</b>	400 State Street PO Box 22	Guthrie Center, IA 50115	(641) 747-3845
<b>SAC</b>	1710 W Main Street	Sac City, IA 50583	(712) 662-3236

During your LIHEAP appointment, be sure to ask the Family Development Center Coordinator in your county if you are eligible for our **WEATHERIZATION** program!

### Opportunity to Give Back:

This month "Spread the Love" by hosting a PB&J Drive for your local food pantry. Peanut butter and jelly are essential items that our food pantries are always in need of to help our low-income families. All food donations are welcomed year round!