

## HEAD START FOOD EXPERIENCE

Date \_\_\_\_\_ Center \_\_\_\_\_ Food Experience Name: Zoo Food

Person leading experience \_\_\_\_\_ Length of time: 15 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): This is a good activity to go along with a Zoo theme/unit. In this activity the children will use their small motor skills to spoon different "animal foods" into an ice cream cone to enjoy a trail mix snack

This food experience allows children to learn by participating in:

X tasting                      X dipping/portioning                      pouring                      cutting  
X mixing                      measuring                      cooking  
other (describe)

What other classroom activity/activities related or added to this experience?

X math                      music                      art                      film  
X books                      field trip                      other (describe)

Supplies needed: Flat Bottom ice cream cones, dried banana chips, Raisins or Craisins, Goldfish, no salt added Sunflower seeds (not in the shell), spoons

Procedure step-by-step:

1. Wash hands and sit at table
2. Pass ice cream cones so each child has his/her own
3. Add "Monkey" food (Banana chips) in cone
4. Add "Bear" food (Raisins)
5. Add "Crocodile" food (Goldfish)
6. Add "Bird" food (Sunflower seeds)
7. While the children are doing this activity discuss with them the different kinds of foods that different animals eat
8. Enjoy!
- 9.
- 10.
- 11.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? \_\_\_\_\_

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?