

HEAD START FOOD EXPERIENCE

Date _____ Center _____ Food Experience Name: Making Apple Turkeys

Person leading experience _____ Length of time: 20-30 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): For this activity we will be using food to make a Turkey. This is a great activity to go with a Turkey unit/theme during the month of November.

This food experience allows children to learn by participating in:

X tasting dipping/portioning pouring cutting
mixing measuring cooking
other (describe)

What other classroom activity/activities related or added to this experience?

X math music X art film
books field trip other (describe)

Supplies needed: Apples, raisins, olives, toothpicks, plates

Procedure step-by-step:

1. Wash hands and sit at table
2. Each child gets an apple.
3. Children put raisins on toothpicks (5 each child) and then stuck them into apple to make the tail feathers
4. On a 6th toothpick place an olive to be the head of the turkey.
5. Children will take their turkeys home so they can be a "Centerpiece" on their table at home.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?