

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: String Cheese Shapes

Person leading experience ____ _____ Length of time: 15 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): Children will peel pieces of string cheese and use them to form different shapes before eating the string cheese.

Complete this activity during snack time with another meal component and have the children make the shapes during snack so this can be counted as a reimburseable meal.

This food experience allows children to learn by participating in:

X tasting	dipping/portioning	pouring	cutting
mixing	measuring	cooking	

X other (describe) peeling

What other classroom activity/activities related or added to this experience?

X math	music	X art	film
books	field trip	other (describe)	

Supplies needed: String cheese

Procedure step-by-step:

1. Wash hands and sit at table.
2. During snack, children will peel off pieces of string cheese.
3. Teachers will encourage them to make different shapes such as square, rectangle, circle, triangle.
4. Students can compare their shapes.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?