

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Setting the Table

Person leading experience ____ _____ Length of time: 10 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): This activity demonstrates how to set the table for the children and also gives them an opportunity to practice setting the table themselves. This is an introduction to having helpers with assigned jobs to prepare for the meal time.

This food experience allows children to learn by participating in:

tasting dipping/portioning pouring cutting
mixing measuring cooking
other (describe)

What other classroom activity/activities related or added to this experience?

math music art film
books field trip X other (describe) Following directions

Supplies needed: Normal supplies needed for setting the lunch table

Procedure step-by-step:

1. Gather children on rug with a small table.
2. Show children where to set the milk and napkins so the silverware could go on top of the napkin
3. Children volunteers will get a chance to come to table and practice setting the table for our friends
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?