

# QUITLINE IOWA QUICK GUIDE



## PROGRAM ELIGIBILITY COACHING ONLY

Must be an Iowa resident  
13 years of age and older (no consent required for minors)  
Can be uninsured, medicaid, medicare or private insured



## MAY BE NRT ELIGIBLE

Patient must be uninsured or medicare subscriber  
Patients insured with Amerigroup or Iowa Total Care are NOT eligible for NRT  
Participation in coaching  
18 years of age or older



## NRT OPTIONS

Patch  
Gum  
Lozenge  
Receives 8 weeks, sent in 4 week increments



## MEDICAID AND/OR PRIVATE INSURED

Get prescription for NRT from physician or prescribing healthcare provider  
Take prescription to pharmacy to be filled through patients own insurance  
Call Quitline Iowa for FREE coaching services 1-888-784-8669

