

## HEAD START FOOD EXPERIENCE

Date \_\_\_\_ \_ Center\_ \_\_\_\_\_ Food Experience Name: Pumpkin Pie in a Bag

Person leading experience\_\_\_\_ \_\_\_\_\_ Length of time: 15-20 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): In this activity the children will be able to make an individual pumpkin "pie"

This food experience allows children to learn by participating in:

X tasting                      X dipping/portioning                      pouring                      cutting

X mixing                      X measuring                      cooking

other (describe)

What other classroom activity/activities related or added to this experience?

X math                      music                      art                      film

X books                      field trip                      other (describe)

Supplies needed: Sugar free vanilla pudding, Milk, Pumpkin, Cinnamon, Ginger, 2 Ziplock baggies, Rolling pin, Graham crackers, Dixie cups, Whipped topping

Procedure step-by-step:

1. Wash hands and sit at table
2. See included recipe for exact ingredient amounts and directions
3. Spoon graham cracker crumbs into cup
4. Top with Pumpkin mixture
5. Top with small amount of whipped topping
6. Enjoy!
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? \_\_\_\_\_

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?