

HEAD START FOOD EXPERIENCE

Date ____ Center _____ Food Experience Name: Open Milk Carton

Person leading experience _____ Length of time: 3-5 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): Explain & model how to open milk carton independently; This is the first experience for several students and refresher from summer break

This food experience allows children to learn by participating in:

tasting	dipping/portioning	pouring	cutting
mixing	measuring	cooking	

X other (describe) fine motor skills; independent task

What other classroom activity/activities related or added to this experience?

math	music	art	film
books	field trip	other (describe)	

Supplies needed: Milk cartons

Procedure step-by-step:

1. Find arrow on carton
2. Point arrow to self
3. Pinch both sides and pull apart
4. Squeeze or dig to open middle
5. Insert Straw
- 6.
- 7.
- 8.
- 9.
- 10.

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?

Comments: