HEAD START FOOD EXPERIENCE

Date	Date Center_		Food Experience Name: Let's Go Fishing		
Person leading experience			Length of time:	20 minu	ites
great wi	ith a Fish unit.	It will allow the children t	o use fine motor	skills to "	navioral goals): This activity goes catch" goldfish. The children will opportunity to identify the colors of
This foo	od experience a	llows children to learn by	participating in:		
X tasting		X dipping/portioning	pouring		cutting
n	mixing measuring c		cooking	cooking	
O	other (describe)				
What ot	ther classroom a	activity/activities related o	r added to this ex	perience'	?
X math		music	art		film
b skills	oooks	field trip	X othe	er (descril	be) Color identification, fine motor
Supplie	s needed: Colo	red Goldfish, pretzel stick	s, low fat cream o	cheese, pl	ates
Procedu	ıre step-by-step	:			
1. 2. 3. 4. 5. 6. 7. 8. 9.	spoonful of pro Dip pretzels in Use end of pro	•		, a spoon	ful of colored Goldfish ®, and a

Possible enhancements to this Activity:

Evaluation:				
Would you do this experience again?				
How would you improve this experience in the future?				
Did the children meet the learning objectives? Why or why not?				
Comments:				