HEAD START FOOD EXPERIENCE

Date	Center	Food Ex	Food Experience Name: Lemon/Lime Tasting				
Person leading experience			Length	Length of time: 10 minutes			
this foo		ve children the op	portunity to	•	-	oral goals): The purpose of plore a lemon and lime.	
This foo	od experience allows	children to learn	by participat	ting in:			
X tasting		dipping/portion	dipping/portioning		pouring cutting		
n	nixing	measuring		cooking	,		
O	other (describe)						
What ot	ther classroom activi	ty/activities relate	d or added to	o this experies	nce?		
X math music		c	X art		film		
b	oooks	field trip	2	K other (descri	ibe)		
	s needed: Enough le		or each child	l to taste a we	dge and	to show them what a	
Procedu	ire step-by-step:						
1. 2. 3. 4. 5. 6. 7. 8.	Wash hands Have a lemon &	lemon and talks a eir lemon wedge to ame on graph (usi	bout it o feel, lick, t	aste and smel		sliked each item.	

10.

Evaluation:
Would you do this experience again?
How would you improve this experience in the future?
Did the children meet the learning objectives? Why or why not?
Comments: