



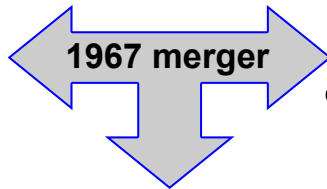
Royal Throne *Where did New Opportunities come from?*

Happy New Year from New Opportunities!

January 2014

Early in 1965, after passage of the Federal Economic Opportunity Act in 1964, area county meetings were held to establish the structure for delivery of human service assistance. Community Action Committee held the first multi-county meeting in July of 1965 and the Tri-county Incorporated in November of 1965.

Community Action Committee
covering Calhoun, Carroll,
Greene and Sac Counties.



Tri-County Incorporated
covering Audubon, Dallas
and Guthrie Counties.

*In 1975 six counties (Audubon, Carroll, Crawford, Greene, Guthrie and Sac) of **North Central Alcoholism and Research Foundation** separate from that organization and establish a treatment program known as **Area XII Alcoholism and Drug Treatment Unit**.*

Community Opportunities, Incorporated

The result of the 1967 merger was Community Opportunities, Incorporated. This was the first merger approved within the state of Iowa.

1967—Outreach Centers (called Good Neighbor Service Centers) were operational in all seven counties. Coordinators went door to door in certain neighborhoods looking for families living in poverty.

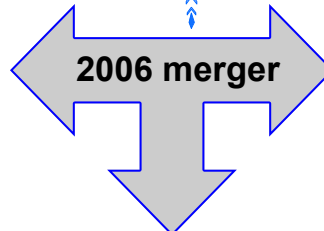
1967 Summer—Head Start classes began with six sites.

July 1976—Established the Women, Infants and Children Nutrition Program (WIC) for low income individuals.

September 1976—Began the Weatherization Program providing weatherization services to low income households to help lower the cost of heating and to conserve energy.

June 1977—Established the Energy Fuel Assistance program to help low income households with high fuel costs.

September 1998—Head Start received a grant to start an Early Head Start Program serving 36 families in Carroll, Guthrie, Greene and Dallas County.



1981 Area XII funds a prevention component and hires a prevention specialist.

In 1998, changed name to **New View Substance Abuse Treatment and Prevention Center**.

In 2001 New View hired Chad A. Jensen as the Executive Director.



New Opportunities, Incorporated

October 2006, New View Substance Abuse Treatment and Prevention merges with Community Opportunities, Inc.

Community Opportunities, Inc. changes it's name to New Opportunities, Inc.

Today, New Opportunities, Inc. is a leader in coordinating services and directly serving pressing needs of our residents. This past year New Opportunities has served over 15,000 individuals, including children, elderly and disabled residents. The ultimate goal is to "change peoples lives" through responsive, supportive, progressive, and proactive hands-on case management and support services.

We look forward to working together to best serve our 7 counties in 2014!

New Year's Resolution, Tips to increase the likelihood of succeeding:

- | | |
|---|---|
| 1. Choose a specific, Realistic Goal | 2. Pick Just One Resolution |
| 3. Don't Wait until New Year's Eve | 4. Start with small steps |
| 5. Avoid Repeating past failures | 6. Set intermediate milestones |
| 7. Keep working on your goals | 8. Get support from your friends and family. |

★New Year's Resolution #1: Be More Awesome than last year.★

Top New Year's Resolutions:

- Drink less alcohol
- Eat healthy food
- Get a better education
- Get a better job
- Get fit
- Lose weight
- Manage debt
- Manage stress
- Quit smoking
- Reduce, reuse, and recycle
- Save money
- Volunteer

Motivation: "If we wait until we're ready, we'll be waiting for the rest of our lives" - Leomny Snicket

Green Note: Tread lightly on the Earth. Identify a way you can reduce waste or pollution in your life (recycle more, drive less, conserve more energy).