

IOWA GAMBLING TREATMENT PROGRAM

**1-800-BETS OFF**

**1800BETSOFF.ORG**



**The Iowa Gambling Treatment Program funds services to help prevent and reduce harm caused by problem gambling.**

## **Services include:**

Statewide Help Line providing information and referral assistance

**1-800-BETS OFF    [www.1800BETSOFF.org](http://www.1800BETSOFF.org)**

## **Outpatient Treatment for Problem Gamblers, Family and Concerned Persons**

- Individual, group and family counseling
- Financial counseling, including budgeting and debt reduction plans
- E-Therapy options
- Recovery support

## **Prevention, Education & Outreach**

- Schools
- Businesses
- Community groups
- Health care providers
- Professional organizations
- Behavioral health providers



**Iowa Gambling Treatment Program**  
[www.1800BETSOFF.org](http://www.1800BETSOFF.org)  
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