

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Trying Honey with Apple dippers

Person leading experience ____ _____ Length of time: 10 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): Children will have the opportunity to taste honey.

This food experience allows children to learn by participating in:

X tasting	X dipping/portioning	pouring	cutting
mixing	measuring	cooking	
other (describe)			

What other classroom activity/activities related or added to this experience?

math	music	art	film
X books	field trip	other (describe)	

Supplies needed: Book about honey or bears, Honey, Apples, plate or bowl

Procedure step-by-step:

1. Read a book to the children
2. Talk about honey and where it comes from
3. Wash hands
4. Each child will get apple slices to try the honey with
5. Let children squeeze a little bit of honey onto their plate
6. Enjoy!
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?