

We have been providing enhanced services to pregnant and postpartum women for over 35 years!!

WE ARE HERE FOR YOU!



We serve the counties of:
Audubon, Buena Vista, Carroll,
Crawford, Greene, Guthrie and Sac.



New Opportunities
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Healthy Pregnancy Program



Enhanced Support for
Mom and Baby

The Healthy pregnancy Program provides education, resources, and support to pregnant and postpartum women.

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Breastfeeding Support

- « Access to Three Certified Lactation Counselors (CLC)
- « WIC Breastfeeding Peer Counselors Available 24/7 for Support



Provide Assistance in Locating and Accessing Community Resources



Oral Health

- « Oral Screenings
- « Fluoride Varnish Application
- « Oral Health Education
- « Referrals—help with finding a dentist & making appointments



Prenatal/Postpartum Nutrition Support and Counseling with Registered Dietitians



Psychosocial Services

- « Depression Screening—Edinburgh Postnatal Depression Scale (EPDS)
- « Prenatal/Postpartum Social Assessment
- « Listening Visits



Individualized Prenatal and Postpartum Health Education



Reproductive Health Education, Screenings, and Referrals



Assistance in Applying for Presumptive Medicaid Coverage



Resource Referrals and Follow up

