

HEAD START FOOD EXPERIENCE

Date _____ Center _____ Food Experience Name: Happy Hibernating Hedgehog

Person leading experience _____ Length of time: 15-20 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): This activity would be a good activity to go with a unit about hibernating. The children will make a hedgehog and then be able to eat it.

This food experience allows children to learn by participating in:

X tasting X dipping/portioning X pouring cutting
X mixing measuring cooking
other (describe)

What other classroom activity/activities related or added to this experience?

math music art film
books field trip other (describe)

Supplies needed: Bananas, Chex or Crispix cereal, raisins, ziplock baggies, plates

Procedure step-by-step:

1. Wash hands and sit at table
2. Each child puts 1 scoop (1/3c.) of cereal in a baggie
3. Use rolling pin to crush cereal
4. Each child will get 1/2 banana to place on plate
5. Press cereal into banana
6. Use raisins to make eyes and nose of hedgehog
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?