

Guthrie County

Directory of

Health and Human Services

Updated June 2023

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Children, Juveniles and Families

ACES (Association for Children for Enforcement of Support)

- Assists with Child Support Recovery **ACES OF IOWA. COM**

Boys & Girls Club of Central Southwest IA

- Safe Place for Teens and Families **641-742-3119**
To meet and learn new skills **807 Broad Street**
P.O. Box 225
Adair, IA 50002

Child Care Resource and Referral

- Helps families locate child care providers **1-800-945-9778**
- Provides consultation and training for providers **701 10th St.**
Harlan, IA 51537

Community 4 Children

- Decategorization/Community Partnership for Protecting Children..... **712-792-4317 ext.239**
608 N. Court St. Suite C
Carroll, IA 51401

Crisis Intervention & Advocacy Center

- Provides services to victims of domestic abuse,
Sexual assault, and homelessness **24 hour crisis line 1-800-400-4884**
Spanish line 1-800-550-0004

Department of Health and Human Services..... **1-866-202-5968**

Economic Programs – FIP emergency assistance, medical assistance, state
Supplemental assistance, food stamps, home and community waivers, information and
referral

Services, promise jobs, intermediate care facility.

Service Programs – Adoption, case management, child day care, child and adult protection

Assessments, family centered services, family preservation, family life home, foster care
licensing, foster family and group foster care placement, in-home health related care, juvenile
court supervision and social casework.

Family Resource Center (CCCPCA)..... 712-792-6440
 502 W. 7th Street.....**800-999-5101**
 Carroll, IA 51401..... **www.carrollfrc.org**

- Child Care Project – technical assistance to child care providers.
- Parent-Time-Out – provides a break from Challenges of parenting.
- Crisis Child Care – community-based emergency child care to families.

Waivers and Programs

Brain Injury	Ill & Handicapped
Children’s Mental Health	Intellectual Disability
Elderly	Physical Disability
Habilitation	

Services

SCL (Supported Community Living) focuses skill development.
 Respite is a temporary break for the parent or guardian.
 CDAC (Consumer Directed Attendant Care) – doing tasks for individuals with disabilities.

Home-Based Habilitation – skill retention or improvement for individuals with psychiatric illnesses.

- **Emergency/Crisis Care – Crisis Line1-800 999-5101 or 712-792-6440**

ISU Extension

- Provides information/programs on parenting**641-747-2276**
 Child development, childcare, aging and stress
212 State St.
Guthrie Center, IA 50115

New Opportunities, Inc.

Maternal Health, Family Planning, Child and Adolescent Health..... **641-747-3845**
 Women, Infant And Children (WIC), Share Iowa **400 State St. PO Box 22**
 Low Income Home Energy Assistance, Financial Literacy **Guthrie Center, IA 50115**
 Weatherization, Head Start, Food Pantry, and Chore Services **www.newopp.org**
 Utility Crisis Assistance, Head Start/Early Head Start
 1st Five Healthy Mental Development
 Homelessness Prevention and Rapid Rehousing (HPRP)
 FaDSS (Family Development and Self-Sufficiency Program) – helps participants to become more self-sufficient

Parent Partners

Mentor families currently involved with Department of Human Services..... 515-577-8929
emmaleeb@cfiowa.org

Partnership 4 Familiesp4fchildren@gmail.com

P.O. Box 672, Carroll, IA 51401 **www.partnerships4families.org**

Early Childhood Iowa Area for Audubon, Carroll, Greene & Guthrie

Provides funding for preschool assistance, child care project and home visitation

Early Childhood Task Force meetings held quarterly

H.O.P.E.S.....641-747-3972 ext.5

Health Opportunities for Parents to Experience Success

2002 State Street, Guthrie Center, Iowa

Voluntary in home family support, specializing pregnancy/parenting and child development.

Guthrie Co. Babies Nest.....641-747-3972 ext. 5

Prenatal Moms earn points to get free baby items by doing healthy behaviors.

Churches

Adair

- All Saints Catholic Church..... 515-523-1943
- Good Shepherd Lutheran Church, 1107 Broad St.....641-742-3802
- Immanuel Lutheran Church, 709 Adair St.....641-742-3821
- St. John’s Lutheran Church, 3046 Union Ave 641-742-3669
- Presbyterian Church, 405 S. 5th St.....641-742-3634
- St. John’s Catholic Hall, 501 Adair St. P.O. Box 55, Adair.....641-742-5045
- United Methodist Church, 404 Cass641-742-5575

Bagley

- Church of Christ, 321 2nd St.....641-427-5748
- United Methodist Church, 401 Main St641-427-5425

Bayard

- Bayard-Wichita United Methodist Church, 502 Third Street.....712-651-2307
- Church of Christ, 401 2nd St., P.O. Box 160712-651-2905
- St. Patrick’s Catholic Church, 214 Prairie St..... 712-651-2676

Casey

- St. John’s Lutheran Church, 104 E. 1st St.....641-746-2734
- United Methodist Church, 100 E. 2nd St641-746-2210

Guthrie Center

The First Baptist Church, 113 N. 5 th St	641-747-8198
Bowman Chapel Church, 2397 Bowman Ave.....	641-747-2798
Christian Church, 105 N. 4 th St., Box 64	641-332-2571
Immanuel Lutheran Church, 713 N. 12 th St.....	641-332-2918
Kingdom Hall of Jehovah’s Witness, 1300 Grand St.....	641-747-8524
Open Bible Church, E. Hwy. 44, RR 2.....	641-747-3961
Community Bible Church, 1507 State St	641-332-2126
Presbyterian Church, 701 State St	641-332-2425
St. Mary’s Catholic Church, 603 Main St.....	641-747-2569
Seventh Day Adventist Church, 1305 North	641-747-2761
United Methodist Church, 405 Prairie St.	641-332-2408

Jamaica

Jamaica Union Church, 401 Second Ave	641-429-3337
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Menlo

Church of Christ.....	641-524-2571
Jefferson Center Church.....	641-524-5358
United Methodist Church, 303 5 th St	641-524-4561

Panora

St. Cecilia Catholic Church, 220 N. 1 st	641-755-2658
Church of the Brethren, 2946 200 th Rd.....	641-755-3800
First Christian Church-Disciples of Christ, 1 st and Church.....	641-755-2227
Lighthouse Assembly of God, 400 SE 3 rd , P.O. Box 518.....	641-755-3060
Panorama Community Church, 2322 Wagon Rd., Box 417.....	641-755-2322
St. Thomas Lutheran Church, 2106 Hwy. 4, P.O. Box 509.....	641-755-2051
United Methodist Church, 119 E. Main, P.O. Box 601	641-755-2655
Calvary Chapel of the Raccoon River Valley, 604 E. Main.....	641-755-4268

Stuart

All Saint’s Church, 216 All Saints Drive.....	515-523-1943
Congregational Church, 224 N. Division St.....	515-523-1570
Fairview Congregational Christian Church, RR 1.....	515-523-1493
Friends Church, 723 N. Fremont St	515-523-1541
Heartland Baptist Church	515-523-2380
Maranatha Gospel Church, 1323 N. 2 nd St.....	515-523-2304
United Methodist Church, Stuart-Mt. Vernon, N W 2 nd St. 7	515-523-1078

Yale

Church of Christ, 304 Lincoln St	641-439-2300
United Methodist Church, 219 Main St	641-439-2458

Child Daycare Centers (Licensed)

Family Resource Center

- Parent time out program provided by712-792-6440
Registered daycare providers 502 W. 7th St.
Carroll, IA 51401

Exploration and Learning Station 515-523-1946
Stuart ,IA 50250

Little Charger Early Learning Center 641-332-2028
207 Park St.
Guthrie Center, IA 50115

Kids Zone Early Learning Center 641-742-3031
Adair, IA

Little Panther Daycare & Preschool..... 641-755-3003
601 Panther Drive
P.O. Box 567
Panora, IA 50216

Child Care Resource and Referral see page 3

Economic/Business

USDA/ Guthrie County FSA

- Financial Assistance to the eligible641-332-2640
1000 School St.
Guthrie Center, IA 50115-8814

Midwest Partensrhip

- Economic Development 515-523-1262
615 S. Division St.
Stuart, IA 50250

Small Business Resources.....515-964-4977
114 NW 5th St.
Ankeny IA 50023

Education/Schools

Des Moines Area Community College

- Continuing educational classes515-964-6241
1-800-362-2127

Heartland Area Education Agency II

- Special education support, assist local school641-747-2212
Districts in identifying and evaluating children
From birth to age 21
906 School St.
Guthrie Center, IA 50115

ISU Extension

- Provides resources, education, and informational641-747-2276
Services to families, youth, agriculture, business
And communities
212 State St.
Guthrie Center, IA 50115

New Opportunities (Guthrie Family Development Center)

- Head Start Application.....641-747-3845
2002 State St. Ste. 2
Guthrie Center, IA 51401

www.newopp.org

Schools

- Adair/Casey Guthrie Center High School 641-332-2236
Guthrie Center, IA
- AC/GC Grade School 641-332-2720
Guthrie Center, IA
- AC/GC Grade School 641-742-2242
Adair , IA
- AC/GC.....JR. High 641-746-2243
- West Central ValleyElementary Dexter 515-789-4480
Middle School Redfield 515-523-1018
Sr. High Stuart 515-523-1313

Preschools

- Adair Casey Preschool 641-746-2242

Early Learning Center, Guthrie Center 641-332-2028
Guthrie Center Preschool..... 641-332-2720
Head Start, Guthrie Center.....712 792-9266 Ext 400
Little Panther Preschool, Panora641-755-3003
Panther Pals 641-755-2021
West Central CSD Preschool.....515-523-1018

Employment

Division of Vocational Rehabilitation

- Assists persons with a physical or mental disability.....**1-800-532-1486**
 To secure or maintain a job **510 E. 12th St.**
Des Moines, IA 50319

Iowa Works

- Career Planning and Educational Information **712-792-2685**
 Job placement service for applicants to receive **504 HWY 39 N**
 Information to jobs and applications to apply for jobs **Denison, IA 51442**

or.....515-281-9619
430 East Grand Avenue
Des Moines, IA 50309-1920

Proteus, Inc.

- Provides employment and training and health..... **1-800-372-6031**
 Services for migrant and seasonal farm workers **515-271-5306**
1221 Center St. STE #16
Des Moines, IA 50309

Environmental

Guthrie County Environmental Health

- Environmental Issues.....**641-747-8320**
Courthouse
2002 State St.
Guthrie Center, IA 50115

Food, Clothing, Financial

3 “C’s” (Children’s Clothes Closet).....HWY 44 & East 2nd St., Panora, IA 50216

Free Children/Adolescent clothing items.

OPEN: 1st & 3rd Saturday each month 9:00 – 11:00 a.m. (By appointment only)

OPEN: 3rd Tuesday evening 6:00 – 7:30 p.m. (by appointment only)

For appointments: Contact Connie Ridgerly at 641-755-2018

Adopt-A-Family (Christmas) New Opportunities Guthrie County Family Development Center

- Receives donated items to prepare packages and gifts **641-747-3845**

To needy families at Christmas Season

**2002 State St., Ste. 2
Guthrie Center, IA 50115**

Crisis Intervention & Advocacy Center

- Safe shelter, Homeless Prevention and Assistance**1-800-400-4884 24 Hour CrisisLine**
1-800-550-0004 Spanish Line
P.O. Box 40
Adel, IA 50003

Department of Health and Human Services

- FIP Food Stamps, Medicaid **712-792-4391**

**Carroll County Office
608 N. Court, Ste. C
Carroll, IA 51401**

Emergency Food Pantry - New Opportunities Guthrie County Family Development Center

- Provides assistance or resources to families in a crisis**641-747-3845**
situation. food, paper, and health products.

**400 State St. PO Box 22
Guthrie Center, IA 50115**

Faith Baptist Church

Provide assistance to families in Guthrie County who need...**641-755-3034**

Food, and occasionally health/hygiene and paper products**2096 Highway 4**
Panora, IA 50216

Guthrie Center Association of Churches Food Pantry..... 701 State Street Guthrie Ctr, IA 50115

Contact:Kay Thomas 641-747-3696 George Hemmen 747-3643

Food items available to needy families every 2 weeks – No income guidelines

Guthrie County Commission of Veteran’s Affairs

- Rent, utilities and medication assistance 641-747-2546
- Enrollment into VA Health Care System..... Courthouse
200 N. 5th St.
Guthrie Center, IA 50115

Guthrie County General Assistance

- Rent, utilities and medication assistance 641-747-2546
Courthouse, 200 N. 5th St.
Guthrie Center, IA 50115

Guthrie County/Municipal Emergency Management Services

- Guidance for people who have suffered disasters..... 641-332-3030
Courthouse
200 N. 5th St.
Guthrie Center, IA 50115

New Opportunities, Inc.

- Low Income Energy Assistance, Weatherization, 641-747-3845
Food Pantry, WIC, Share Iowa, Financial Literacy 400 State St. PO Box 22
www.newopp.org Guthrie Center, IA 50115

Stuart Food Pantry.....204 S. Division Street Stuart, IA 50250
Contact: 515-523-1350

Food items available to needy families every 2 weeks – No income guidelines

Serves entire West Central Valley School District

Panorama Schools.....641-755-2021

Health Care

Alzheimer’s Association

- Education materials and programs for patients and..... 515-263-2464
- Families living with Alzheimer’s Disease and other..... 1-800-272-3900
- Dementias..... 700 East University Ave.
Des Moines, IA 50316

Carroll Area Nursing Service 712-999-5664
www.canshomehealth.com 506 Main
Coon Rapids, IA 50058

Child Health Specialty Clinic..... 712-792-5530

Fax..... 712-792-4825

726 N. Carroll, Carroll, IA 51401 8:00 a.m. – 4:30 p.m. Mon. – Thur.

- We assure a system of care for children and youth who have special health care needs.
- We provide care coordination for children with special health care needs. We also assist families of children enrolling in the Ill & Handicapped Waiver.
- We provide Early ACCESS Service Coordination and Early ACCESS nutrition services.
- We have a parent consultant network available to assist families

Easter Seal Society of Iowa, Inc.

- Statewide health agency that helps with a physical 515-289-1933
Mental and emotional disabilities to achieveP.O. Box 5168
Maximum independence Des Moines, IA 50333

Guthrie County Babies Nest

- Incentive program, encourages healthy behaviors during.....641-747-3972 ext.5
- pregnancy, earn points towards free baby items 2002 State St. Ste 1
- Open to pregnant women residing in Guthrie County Guthrie Center, IA 50115
- Membership offered at no cost to families
- No income guidelines
- Need to enroll during first trimester

Guthrie County Commission of Veteran Affairs

- Enrollment into VA Health Care 641-747-2546
System Emergency Basis Courthouse
200 N. 5th St.
Guthrie Center, IA 50115

Guthrie County Health Planning Coalition 641-747-3972

- Evaluates and assesses community health needs.

Guthrie County Hospital

- Inpatient and Outpatient Services 641-332-2201
24 hours/day, 7 days/week 710 N. 12th St.
Emergency Services Guthrie Center, IA 50115
- Cardiac Rehabilitation, Diabetic Education, Fitness Center, Laboratory Services, Physical Therapy, Pulmonary Rehabilitation, Radiology Services, Sleep Laboratory, Social Services, Surgery

Guthrie County Hospital Fitness Center

- Facility that has fitness equipment available **641-332-3810**
 For individuals and families **710 N. 12th St.**
Guthrie Center, IA 50115

Guthrie County Public Health Nursing Service

- Home Care Services – Skilled Nursing, Home Care Aides..... **641-747-3972**
- Physical, Speech and Occupational Therapy **2002 State St., Ste. 1**
- Coordinates services for frail elderly **Guthrie Ctr, IA 50115**
- Child Immunizations, Communicable Disease follow-up,
 Bio emergency Planning/Emergency Multidisciplinary Planning Committee
- H.O.P.E.S. – Healthy Opportunities Parents Experience Success – Home Visitation
- Babies Nest

H.O.P.E.S.

- Health Opportunities for Parents to Experience Success..... **641-747-3972**
 A home visitation program to visit pregnant women **2002 State St. Ste 1**
 Parents of newborns and other families who have **Guthrie Center, IA 50115**
 Children 0-5 years of age.

Hospice of Central Iowa

- Serves patients diagnosed with an end-state illness..... **515-274-3400**
 And six months to live..... **1-800-806-9934**
401 Railroad Place
West Des Moines, IA 50265

Iowa Hospice LLC..... 641-755-4114

- Serves patients diagnosed with an end-state illness **5399 Chimra Rd**
 And six months to live..... **Panora, IA 50216**
FAX 641-755-4113

Iowa Compass Center for Disabilities and Development

- Iowa Compass connects people with disabilities and complex health -related needs to
 services and supports in their communities throughout Iowa. **1-800-779-2001**
University of Iowa
Center for Disabilities
100 Hawkins Drive
Iowa City, IA 52242

Iowa Department for the Blind

- Services for legally or functionally blind.....**515-281-1333 • 1-800-362-2587**
524 Fourth Street
Des Moines, IA 50309

New Opportunities, Inc.....1-800-BETS OFF

- Problem Gambling **400 State St.**
- FREE Evaluation **Guthrie Center, IA 50115**

Lifeline Services

- Adair County Memorial Hospital Lifeline **641-743-2123**
609 SE Kent
Greenfield, IA 50849
- Cass County Hospital Lifeline..... **1-800-993-4345**
1500 E. 10thSt.
Atlantic, IA 50022
- Dallas County Hospital Lifeline **515-465-7502**
501 12th St.
Perry, IA 50220
- Greene County Medical Center Lifeline **515-386-2114**
1000 W. Lincolnway
Jefferson, IA 50129

Medical Equipment Loan Closets

- The American Legion Post 124 **641-740-0654**
Free loan of equipment through the American Legion **2002 State St.**
Guthrie Center, IA 50115

New Opportunity, Inc.

- Child and Youth Program, Family Planning **641-747-3845**
Headstart, Maternal Health Care, Women, **400 State St. PO Box 22**
Infants and Children (WIC) **Guthrie Center, IA 50115**

Timber Creek Therapies

- Physical, Speech, Occupational Therapy, Massage **641-747-3225**
Therapy, Hydrotherapy, Hippotherapy, Pet Therapy **2400 Poplar Ave.**
And Counseling **Panora, IA 50216**
Open to Volunteers

University of Iowa Care Center

- Cancer information service providing information **1-800-237-1225**
About cancer to anyone. Can provide written information. **200 Hawkins Dr.**

Iowa City, IA 52242

**Manage Care
Organizations
(MCO)4**

Most Iowans who get their health care from Medicaid will switch to a new managed care program called IA Health Link on April 1, 2016. Your care will now be covered by a managed care organization (MCO), or health plan, that you choose. Your plan will provide benefits for health care services from a network of doctors and other providers that work with your MCO.

Amerigroup	1-800-600-441(TTY:711)
Iowa Total Care	833-404-1061(TTY:711)
Molina Healthcare of Iowa.....	844-236-0894 (TTY:711)

Area Doctors' Offices and Satellite Offices

Adair Co. Health Systems-Stuart Dr. Jessica Kennedy and David Black PA
303 S. 7th St. Ste B, Stuart, IA 50250 515-523-2513

Casey Doctors Office.....Dr. Bascom
112 W. Grant, Casey, IA 50048
641-746-2513

GCH (Guthrie County Hospital) Family Medicine Dr. Cynthia Peterson
401 Audubon St., Adair, IA 50002
641-742-1000

GCH (Guthrie County Hospital) Family Medicine Dr. Josh Strehle
603 E. Main, Panora, IA 50216
641-755-4000

GCH Clinic-Adair Cindy Peterson, ARNP
502 Main St., Guthrie Center, IA 50115
641-332-2365

GCH Clinics-Panora Dr. Josh Strehle, DO
319 E. Main, P.O. Box 128, Panora, IA 506
641-755-2121

Redfield Medical Clinic Ron McHose, DO
1013 First, Redfield, IA
50233
515-833-2301

St. Anthony's Medical Clinic.....Dr. Ed Friedman
215 Main St.
Coon Rapids, IA 50058

Stuart Medical Clinic..... Wilda Orewiler PA-C
 106 NE 2nd Street, Stuart, IA 50115
 515-523-2283

GCH Clinics-Stuart..... Dr. Michael McCleary, MD & Marcia Roenfeld, ARNP
 312 N. Femont St. Stuart, IA 50250
 515-523-8020

Allen Family Chiropractic Dr. Andrew Allen
 108 N. 3rd St., P.O. Box 235
 Guthrie Center, IA 50115
 641-747-8247

Schrieber Chiropractic Panorama, IA 50216

Coon Rapids Chiropractic 712-999-9000
 121 4th Ave.
 Coon Rapids, IA

Panorama Family Dentistry Dr. Bill Skinner, D.D.S.
 611 E. Main, Panorama, IA 50216
 641-755-3626

Pettinger Dental Lab 641-755-3626

Dr. Christian Siebrasse, DDS 303 SW 7th St., Ste. D
 Stuart, IA 50250
 515-523-2521

Eye Care Associates Dr. James T. Koch, OD/Dr. James McCauley, OD
 405 State St., Guthrie Center, IA 50115
 641-747-8207
 303 SW 7th St., Stuart, IA 50250
 515-523-1300
 611 E. Main St., Panorama, IA 50216
 641-755-3699

Pediatrics
 GCH Clinics-Pediatrics Dr. Cody Silker, DO
 312 N. Femont St., Stuart, IA 50250
 515-523-8050

Housing/Assistance

Genesis Development

- Offers residential housing for persons with **641-332-2398**
Disabilities **409 State St.**
Jefferson, IA 50129

Guthrie County Treasurer

- Iowa Rent Reimbursement.....**641-747-3414**
Courthouse · 200 N. 5th St.
Guthrie Center, IA 50115

New Opportunities, Inc.

- Homelessness Prevention Rapid Rehousing Program (HPRP).....**641-747-3845**
Emergency Food and Shelter Program

www.newopp.org

Regional Housing Authority

- Help low-income families and elderly pay rent**712-792-5560**
320 E.7th St.
Carroll, IA 51401

Insurance

Elderbridge Agency on Aging

- Health Insurance Counseling for ages 60 and over**1-800-243-0678**
712-792-3512
Elderbridge Agency on Aging
514 N. Court, Suite 1
Carroll, IA 51401

hawk-i

- Medical Insurance for qualifying children up to age 19 **www.hawk-i.org**
1-800-257-8563

Social Security

- Social Security retirement, disability, survivor and **712-792-9000**
Medicare benefits. Supplemental Security Income.....**1-800-772-1213**
For Aged, blind and disabled **628 N. Main St., Suite 104**
Carroll, IA 51401

Legal

Consumer Protection Division Office of Attorney General

- Take complaints from the public and file lawsuits 515-281-5926
On behalf of the state
1300 E. Walnut
Hoover Bldg. 2nd Floor
Des Moines, IA 50310

Guthrie County Law Enforcement Dispatch 641-747-2214

Crisis Intervention & Advocacy Center

- Services to victims of domestic abuse, sexual, aide-abuse, homicide
Assault, and homelessness 1-800-400-4884 Crisis Line
P.O. Box 40
Adel, IA 50003

Iowa Protection and Advocacy Services, Inc.

- Protect and advocate for the human and legal 515-278-2502 (voice)
Rights of persons with mental illnesses and 515-278-0517 (TDD)
Physical disabilities. 950 Office Park Rd, Suite 221
West Des Moines, IA 50265

Disability Rights of Iowa

- Advocate for the mentally ill 800-779-2502
800 E Court Ave STE 300
Des Moines, IA 50309
info@driowa.org

Juvenile Court Services

- Provides supervision for youth on probation and intake 515-993-5805
Children in need of assistance 801 Court
Adel, IA 50003

Legal Services Corporation of Iowa (IA Legal Aid)

- Free legal services to low-income Iowans with 515-280-3636
Non-criminal problems that most significantly 1-800-532-1503
Impact low-income people 1111 9th St., Suite 236
Des Moines, IA 50314

Mental Health Care

National Alliance for the Mentally Ill of Iowa (NAMI)

- Services for the mentally ill and their families1-515-254-0417
3839 Merle Hay Rd STE 220
Des Moines, IA 50310

Central Point of Coordination

- Residential/work employment services for the1-641-828-8149
Chronically mentally ill-functionally limited
214 Main St.
Knoxville, IA 50138

Compassionate Friends

- Support and education for those who have.....516-277-6432
Experienced the death of a child, sibling
Grandchild, or stepchild
3601 West Town Parkway
West Des Moines, IA 50266
712-792-9507
West Central Iowa Chapter
1621 North Main St, Carroll, IA 51401

Department of Health and Human Services

- Case management for MR, CMI, or DD712-792-4391
608 N Court St.
Carroll, IA 51401

Crisis Intervention & Advocacy Center

- Services for victims of domestic abuse, sexual
Assault, and homelessness1-800-400-4884 24 hour crisis line
515-993-4095
1-800-550-0004 Spanish Line
P.O. Box 40
Adel, IA 50003

Family Resource Center (CCCPCA) 1-712-791-6440

- Children's' Mental Health Waiver Respite services for children with serious emotional disturbances
Home-Based Habilitation services for adults with psychiatric illness
- Family Resource Center
502 W. 7th Street
Carroll, IA 51401
www.carrollfrc.org

Judicial Advocate for Mentally Ill Persons

- Advocate for the mentally ill641-747-3415
515-386-7180
200 N. 5th St.
Guthrie Center, IA 50115

GCH Specialty Clinic-Mental Health- 641-332-3900

- Service for children ages 5 and older, teens and adults
Focus on overall wellness with combination of medication and
Counseling, symptoms reduction and management
- 710 N. 12th St
Guthrie Center IA
www.guthriecountyhospital.org

Nursing/Residential Facilities/Assisted Living

Country View Estates, Inc.

- Residential Facility 641-332-2486
1507 State St.
Guthrie Center, IA 50115

The Willows

- Assisted Living 515-523-1693
324 SW 6th St.
Stuart, IA 50250

Homestead Acres

- Assisted Living 641-332-2204
2306 State St.
Guthrie Center, IA 50115

Panora Nursing and Rehab Center

- Nursing Facility and provides respite and adult day care 641-755-2700
805 E. Main St., P.O. Box 69
Panora, IA 50216

Stuart Community Care Center

- Nursing facility and adult day care 515-523-2815
325 S.W. 7th St., Stuart, IA 50250

The New Homestead

- Nursing facility 641-332-2204
2306 State St., Guthrie Center, IA 50115

Local Pharmacies

Coon Rapids Pharmacy

515 Main St., Coon Rapids, IA 50058..... 712-999-6337

Dowd Drug

307 State St., Guthrie Center, IA 50115 641-747-8317

Fay Pharmacy

400 Audubon, Adair, IA 50002 641-742-3440

Medicap Pharmacy

615 E. Main, P.O. Box 216, Panora, IA 50216..... 641-755-2312

Wright Pharmacy

303 SW 7th St., Ste. A, Stuart, IA 50250 515-523-1525

Senior Citizens

Chore Person Program

- Provides employment to people over the age of 60.....641-747-3845
Assistance to senior citizens with minor household **2002 State St.**
Chores; snow removal, lawn mowing, and simple **Guthrie Center, IA 50115**
Home repairs

Congregate Meals

- Guthrie County Hospital Senior Dining.....641-332-3818
710 N. 12th St.
Guthrie Center, IA 50115
- Panora Community Center Senior Dining.....641-755-2980
115 W. Main St.
Panora, IA 50216
- Stuart Senior Dining..... 515-523-2937
219 NW 2nd St.
Stuart, IA 50250

Elderbridge Agency on Aging

- Serves as a source of information and advocacy 712-792-3512
For older persons and their families..... 1-800-543-3265
- Planning funding and coordinating agency **603 N. West St.**
- Educational/Informational Programming **Carroll, IA 51401**
Addressing a variety of topics of interest to seniors

Guthrie Activity Center

- Activities/socialization for the elderly..... 641-332-2486
209 State St.
Guthrie Center, IA 50115

Elderly Waiver Services..... 1-800-999-5101

- Respite, CDAC (Consumer Directed Attendant Care) and Home and Vehicle Modification for Seniors on the Elderly Waiver

Family Resource Center
502 W. 7th Street
Carroll, IA 51401
www.carrollfrc.org

Substance Abuse

New Opportunities, Inc

www.newopp.org

Behavioral Health Services for Treatment and Prevention of Substance Abuse

400 State St.

Guthrie Center, IA 50115.....**Phone/Fax 641-747-3354**

- OWI evaluations (call Carroll office to schedule)
- Substance Abuse Evaluations (call Carroll office to schedule)
- Extended Outpatient Treatment
- Intensive Outpatient Treatment
- Continuing Care services
- Inpatient referral service
- Alcohol and drug testing
- Prevention education

Carroll office..... 800-810-6244

23751 Hwy 30 E..... **712-792-9266**

Carroll, IA 51401..... **Fax 712-792-1457**

St. Gregory’s Retreat Center 712-624-7012

888-778-5833

601 2nd St. Bayard, IA 50029

Transportation

Region XII Council of Governments

www.region12cog.org

Western Iowa Transit System **712-792-9914**

Public Transportation..... **Fax 712-792-1712**

1009 East Anthony

P.O. Box 768

Carroll, IA 51401

VETERANS

Guthrie County Commission of Veteran's Affairs

- Rent, utilities and medication assistance 641-747-2546
- Enrollment into VA Health Care System Courthouse
200 N. 5th St.
Guthrie Center, IA 50115

VA Central Iowa Health Care System 712-794-6780

Community Based Outpatient Clinics Or 1-855-794-6780

Primary Care Services, Lab services, Pharmacy, Mental Health and Nutrition

Handy 800 Numbers

AIDS Hotline	1-800-342-2437
A.C.C.E.S.S. (Sexual Assault Services).....	1-800-203-3488
A.C.C.E.S.S. (Domestic Violence Services)	1-855-983-4641
Al-Anon, Aleteen Family Group Hotline.....	1-800-344-2666
Alcohol and Drug Abuse.....	1-800-252-6465
Alliance for the Mentally Ill of Iowa	1-800-417-0417
Alzheimer's Association.....	1-800-272-3900
American Cancer Society	1-800-227-2345
American Diabetic Association.....	1-800-232-3472
American Red Cross.....	1-800-733-2767
Answer Line (Questions relating to home & family).....	1-800-262-3804
Association for Children for Enforcement of Support.....	1-888-229-9223
IA Attorney General (crime victim).....	1-800-373-5044
Attorney Referral Service.....	1-800-532-1108
Bets Off (Gambling Council).....	1-800-238-7633
Better Business Bureau.....	1-800-222-1600
Child Care Network	1-800-722-7619
Child Care Resource and Referral	1-800-945-9778
Child/Dependent Adult Abuse Hotline	1-800-362-2178
Civil Rights Commission	1-800-457-4416
Continuing Education	1-800-262-0015
Crime Victim Assistance Program.....	1-800-373-5044
Crisis Intervention and Advocacy Center Crisis Line	1-800-400-4884
Spanish Line.....	1-800-550-0004
Department of the Blind	1-800-362-2587

Department of Health and Human Services.....	1-877-937-3663
Department of Revenue	1-800-367-3388
Emergency Management	641-332-3030
Equal Employment Opportunity.....	1-800-669-4000
Family Resource Center	1-800-999-5101
Federal Information Hotline	1-800-688-9889
Guthrie County Mental Health Crisis Line	1-800-712-5000
HAWK-I Health Insurance	1-800-257-8563
Healthy Families (ISU).....	1-800-369-2229
Heartland Area Education.....	1-800-362-2720
Hospice of Central Iowa.....	1-800-806-9934
Internal Revenue Service (IRS)	1-800-829-3676
Iowa Concerns Hotline.....	1-800-447-1985
Iowa Client Assistance (Dept. of Human Rights	1-800-652-4298
Division of Disabilities	
Iowa One Call (Call before you dig)	1-800-292-8989
Iowa Compass (Disability Information.....	1-800-779-2001
Iowa New Choices, DMACC.....	1-800-362-2127
Iowa Poison Center	1-800-222-1222
Iowa Plains Area Mental Health.....	1-800-325-1192
Iowa Protection and Advocacy for the Disabled	1-800-779-2502
Legal Services of Iowa (IA Legal Aid).....	1-800-532-1275
Elderly (Legal Hotline for Older Iowans).....	1-800-992-8161
Long Term Care Ombudsman.....	1-866-236-1430
Iowa Dept. of Elder Affairs.....	1-800-532-3213
New Opportunities, Inc.....	1-800-642-6330
PORKLine	1-800-808-7675
Quit Line Iowa (quit smoking)	1-800-784-8669
Radon Line	1-800-383-5992
Sexual Abuse Hotline.....	1-800-203-3488
Social Security Administration	1-800-772-1213
State Highway Patrol.....	1-800-525-5555
Teen Line.....	1-800-443-8336
Veterans Suicide Hotline.....	1-800-273-8255
United Network Organ Sharing	1-888-894-6361
Iowa Plains Area Mental Health.....	1-800-321-7772
Your Life Iowa.....	1-855-581-8111
Youth Law Center (Under 18).....	1-800-728-1172
Youth & Shelter (24 hour help)	1-800-600-2330