HEAD START FOOD EXPERIENCE

Date______ __   Center_________________________ Food Experience Name: Grow Popcorn

Person leading experience____ _______________ Length of time:   20 minutes for initial and then 5 min per day ongoing as observe.

Description: Reason for choosing project, in terms of children learning (behavioral goals): This is a science activity with food. The children will have the opportunity to observe and document as this project goes on. This can be done either as a group project or children can do their individual baggies to observe. (Please indicate which you chose.)

This food experience allows children to learn by participating in:

- tasting
- dipping/portioning
- pouring
- cutting
- mixing
- measuring
- cooking

X other (describe) Observation; discussion about the changes in the popcorn over time

What other classroom activity/activities related or added to this experience?

- math
- music
- art
- film
- books
- field trip
- X other (describe) science

Supplies needed: ziplock baggies, cotton balls, popcorn, tape, need a sunny window to tape the baggies to.

Procedure step-by-step:

1. Take plastic zip-loc baggie and place cotton balls inside
2. Saturate cotton balls with water.
3. Put popcorn kernels into the bag
4. Seal baggie and tape it to a window
5. Add water as needed and watch the plants grow
6. Check on the baggies daily and discuss the changes observed as the popcorn grows
7.
8.
9.
10.

Possible enhancements to this Activity:
Evaluation:

Would you do this experience again? ______________

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?

Comments: