

## HEAD START FOOD EXPERIENCE

Date \_\_\_\_ \_ Center\_ \_\_\_\_\_ Food Experience Name: Grow Popcorn

Person leading experience \_\_\_\_ \_\_\_\_\_ Length of time: 20 minutes for initial and then 5 min per day ongoing as observe.

Description: Reason for choosing project, in terms of children learning (behavioral goals): This is a science activity with food. The children will have the opportunity to observe and document as this project goes on. This can be done either as a group project or children can do their individual baggies to observe. (Please indicate which you chose.)

This food experience allows children to learn by participating in:

tasting                      dipping/portioning              pouring              cutting  
mixing                      measuring                      cooking

X other (describe) Observation; discussion about the changes in the popcorn over time

What other classroom activity/activities related or added to this experience?

math                      music                      art                      film  
books                      field trip                      X other (describe) science

Supplies needed: ziplock baggies, cotton balls, popcorn, tape, need a sunny window to tape the baggies to.

Procedure step-by-step:

1. Take plastic zip-loc baggie and place cotton balls inside
2. Saturate cotton balls with water.
3. Put popcorn kernals ino the bag
4. Seal baggie and tape to a window
5. Add water as needed and watch the plants grow
6. Check on the baggies daily and discuss the changes observed as the popcorn grows
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? \_\_\_\_\_

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?

Comments: