

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Grocery Store

Person leading experience ____ _____ Length of time: TBD by teacher

Description: Reason for choosing project, in terms of children learning (behavioral goals): For this experience, the dramatic play area will be used to create a grocery store in the classroom. Use plastic food, food containers, paper money & a cash register to give the children the opportunity to go shopping and buy foods from different food groups. During this unit, the teachers will use center time to talk with the children about the foods they chose to buy, what is healthy & not healthy, etc.

This food experience allows children to learn by participating in:

tasting dipping/portioning pouring cutting
mixing measuring cooking
other (describe)

What other classroom activity/activities related or added to this experience?

X math music art film
books field trip X other (describe) classification

Supplies needed: Plastic food, food containers, baskets or shopping carts, paper money, cash registers

Procedure step-by-step:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?