

HEAD START FOOD EXPERIENCE

Date _____ Center _____ Food Experience Name: Globes

Person leading experience _____ Length of time: 10-15 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): Children will make globes to tie to Earth Day theme/unit

This food experience allows children to learn by participating in:

X tasting dipping/portioning pouring cutting
mixing measuring cooking

X other (describe) spreading

What other classroom activity/activities related or added to this experience?

math music X art film
books field trip other (describe)

Supplies needed: Whole wheat tortillas, blue food coloring, low fat cream cheese, spinach, green peppers, plates, knives

Procedure step-by-step:

1. Wash hands and sit at table
2. Children will spread blue cream cheese on their soft shells for "water"
3. Use spinach and green peppers to make "land" for your globe
4. Enjoy!
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity: Read about book about our Earth or Earth Day

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?