

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Funny Toast

Person leading experience ____ _____ Length of time: 15-20 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): This activities allows the children to have an opportunity to express themselves creatively by "painting" their toast before they eat it.

This food experience allows children to learn by participating in:

X tasting X dipping/portioning X pouring cutting

X mixing measuring cooking

other (describe)

What other classroom activity/activities related or added to this experience?

math music X art film

books field trip other (describe)

Supplies needed:

Procedure step-by-step:

1. Wash hands and have children sit at the tables
2. Pass out plates and napkins
3. Take turns squirting color into cup of milk and stir
4. Spoon onto bread making designs
5. Toast bread
6. Eat "painted bread"
7. Children help clean up by cleaning area and washing hands
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?

Comments: