

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Food Collages

Person leading experience ____ _____ Length of time: 15-20 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): In this activity the children will look thru old magazines or other resources and cut out pictures of their favorite foods and glue them on paper.

This food experience allows children to learn by participating in:

tasting	dipping/portioning	pouring	cutting
mixing	measuring	cooking	
other (describe)			

What other classroom activity/activities related or added to this experience?

math	music	X art	film
books	field trip	X other (describe)	cutting

Supplies needed: Magazines, pictures, glue, scissors, paper

Procedure step-by-step:

1. Have a table set up with magazines and supplies for the children to cut out different foods.
2. Children will glue their foods on a piece of paper to make a collage
3. Staff will talk with the children while they are making their collages about the foods they have cut out and what food groups they belong in
4. Children can have a chance to talk to the class about the different foods on their collage.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?