

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Food Alphabet

Person leading experience ____ _____ Length of time: 15 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): This activity will encourage the children to work on letter recognition by naming a food that begins with each letter of the alphabet.

This food experience allows children to learn by participating in:

tasting dipping/portioning pouring cutting
mixing measuring cooking
other (describe)

What other classroom activity/activities related or added to this experience?

math music art film
books field trip X other (describe) letter recognition/sounding

Supplies needed: None

Procedure step-by-step:

1. Work thru the alphabet and have the children come up with foods that start with each letter of the alphabet.
2. See Attached list as a guide for more difficult letters
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?