

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Favorite Food Book

Person leading experience ____ _____ Length of time: 15-20 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): Children will draw and talk about their favorite food. Teachers will write what the child says about their picture and then will make a book for the class.

This activity can used for a specific holiday like Thanksgiving or Christmas to talk about different traditions among the families in your classroom.

This food experience allows children to learn by participating in:

tasting	dipping/portioning	pouring	cutting
mixing	measuring	cooking	
other (describe)			

What other classroom activity/activities related or added to this experience?

math	music	X art	film
X books	field trip	other (describe)	

Supplies needed: Paper, crayons, markers

Procedure step-by-step:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?