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Critical Emotional Needs of Children

Emotional health provides a foundation for success in school, work, marriage and life in general. Failure to recognize and satisfy these five needs jeopardizes our children's future and that of succeeding generations. The five critical needs as a family value contributes to a healthy family environment and strengthens us as a nation. A summary of the five critical needs .

Respect

- 1 • Treated with kindness
• Treated with courtesy

Importance

- 2 • Feeling appreciated
• Feeling useful

Security

- 5 • Feeling cared for
• Feeling safe and protected



Acceptance

- 3 • Feelings, opinions and ideas are valued
• Uniqueness is valued

Inclusion

- 4 • Feel connected to others
• Be part of something meaningful

