

## HEAD START FOOD EXPERIENCE

Date \_\_\_\_\_ Center \_\_\_\_\_ Food Experience Name: Dr. Suess - Green Eggs

Person leading experience \_\_\_\_\_ Length of time: 20-30 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): This activity will allow the children to try "Green Eggs" from the Dr. Suess book "Green Eggs & Ham"

This food experience allows children to learn by participating in:

X tasting                                  dipping/portioning    X pouring                                  cutting

X mixing                                  measuring                                  X cooking

other (describe)

What other classroom activity/activities related or added to this experience?

X math                                  music                                  art                                  film

X books                                  field trip                                  other (describe)

Supplies needed: "Green Eggs and Ham" Book, eggs, blue food coloring, electric skill or method of cooking,

Procedure step-by-step:

1. Read "Green Eggs and Ham"
2. Wash hands
3. Children help crack eggs into container
4. Beat eggs with fork
5. Add 1 drop of blue food coloring and mix until turns green
6. Teacher scrambles eggs until cooked thru
7. Enjoy!
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? \_\_\_\_\_

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?