HEAD START FOOD EXPERIENCE

Person leading experience	Date	Center		Food Experience	e Name: Corn Muffins	
to help in making corn muffins. This food experience allows children to learn by participating in: X tasting	Person leading experience		Length of time:	15 minutes + baking & cooling time		
X tasting X dipping/portioning X pouring cutting X mixing X measuring X cooking other (describe) What other classroom activity/activities related or added to this experience? X math music art film books field trip other (describe) Supplies needed: Corn muffin mix, egg, milk, Bowl, pan Procedure step-by-step: 1. Wash hands and come to table 2. Children helpers take turns helping by following pakage instrutions for the corn muffin mix 3. Everyone gets a chance to help stir the mixture 4. Pour into a pan & bake according to instructions 5. Once cool, cut into serving sizes to try 6. Enjoy! 7. 8.	-		01 0	ns of children lear	ning (behavioral goals): Children will be able	
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6. Enjoy! 7. 8.						
7. 8.		·				
8.		Enjoy!				
9. 10						

Possible enhancements to this Activity:

Evaluation:					
Would you do this experience again?					
How would you improve this experience in the future?					
Did the children meet the learning objectives? Why or why not?					