

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Coconut Trees

Person leading experience ____ _____ Length of time: 20 minutes

Description: Reason for choosing project, in terms of children learning (behavioral goals): This activity is an enhancement to the book Chicka Chicka Boom Boom. The children will make a "Coconut" tree like the one in the book. Children will also have an opportunity to taste coconut.

This food experience allows children to learn by participating in:

X tasting dipping/portioning pouring X cutting
mixing measuring cooking
other (describe)

What other classroom activity/activities related or added to this experience?

X math music art film
X books field trip X other (describe) fine motor

Supplies needed: Wheat thin crackers, Apples, (sliced), Grapes (Sliced), Flaked Coconut, plates

Procedure step-by-step:

1. Wash hands and sit at table
2. Read the book Chicka Chicka Boom Boom
3. Use crackers to make the tree trunk
4. Use sliced apples to form the leaves of the coconut tree
5. Used Sliced grapes as the coconuts
6. Have flake coconut available for children to taste if they would like to.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity: You could also use Alphabet shaped letters with this and let the children place their letters up in the coconut tree.

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?

Comments: