

HEAD START FOOD EXPERIENCE

Date____ _ Center_ _____ Food Experience Name: Cleaning up Area After Eating

Person leading experience____ _____ Length of time: 5-8 minutes at the end of a meal and then ongoing thru year

Description: Reason for choosing project, in terms of children learning (behavioral goals): This purpose of this activity is to teach the students the expectation for cleaning up after meal time. This teaches them rules in regards to mealtime, instills independence skills and establishes a routine for mealtime clean up

This food experience allows children to learn by participating in:

tasting	dipping/portioning	pouring	cutting
mixing	measuring	cooking	

X other (describe) Self help skills, peer cooperation

What other classroom activity/activities related or added to this experience?

math	music	art	film
books	field trip	other (describe)	

Supplies needed: No addition supplies needed for this food experience

Procedure step-by-step:

1. Towards end of meal converse with children about the importance working together to clean up after the meal.
2. Show children the designated container for utensils. Collect utensils in container.
3. Stack bowls on table if applicable
4. Have children clean up space by picking up napkins, straw wrappers, etc.
5. Show children how to pinch milk carton closed
6. Show children where to line up while holding trays when dismissed by teacher
7. Dump any food left on tray and place tray in designated place (Window, cart, etc) that is applicable to our classroom
- 8.
- 9.
- 10.

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?

Comments: