

HEAD START FOOD EXPERIENCE

Date ____ _ Center_ _____ Food Experience Name: Clean Food/Dirty Food

Person leading experience ____ _____ Length of time: 10 minute then ongoing thru the school year

Description: Reason for choosing project, in terms of children learning (behavioral goals): This discussion will talk about the importance of not eating food that has fallen on the floor. Occasionally our food or silverware accidentally falls on the floor. This is an opportunity to educate child that we put food that has fallen on the floor in the garbage or we get new silverware or napkin if we drop it on the floor.

This food experience allows children to learn by participating in:

tasting	dipping/portioning	pouring	cutting
mixing	measuring	cooking	
other (describe)			

What other classroom activity/activities related or added to this experience?

math	music	art	film
books	field trip	X other (describe)	Health & safety education

Supplies needed: None

Procedure step-by-step:

1. Discuss above topics with the children
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity: This activity can also be expanded to discuss the importance of washing raw food before we eat it.

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?