

HEAD START FOOD EXPERIENCE

Date _____ Center _____ Food Experience Name: Chef Combo - My Heart Says
Thanks Song

Person leading experience _____ Length of time: 10 minutes + ongoing

Description: Reason for choosing project, in terms of children learning (behavioral goals): We will be teaching the Chef Combo - My Heart Says Thank you song. This song reinforces what food group the foods on the current day's menu fit into and also about healthy food and fitness.

This food experience allows children to learn by participating in:

tasting	dipping/portioning	pouring	cutting
mixing	measuring	cooking	
other (describe)			

What other classroom activity/activities related or added to this experience?

math	X music	art	film
books	field trip	other (describe)	

Supplies needed: Chef Combo Song

Procedure step-by-step:

1. This activity will be used at the beginning of the school year to teach the children the song so it can be used throughout the year.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Possible enhancements to this Activity:

Evaluation:

Would you do this experience again? _____

How would you improve this experience in the future?

Did the children meet the learning objectives? Why or why not?