HEAD START FOOD EXPERIENCE

Date	Center		Food Experience	e Name: Snowmen	
Person leading experience			Length of time:	30 minutes	
thru duri		e a healthy, editable sno		rning (behavioral goals): Studer a healthy snack, allows fine mo	
This foo	d experience allov	vs children to learn by p	articipating in:		
X tasting		dipping/portionin	g pouring	cutting	
mixing		measuring	cooking		
X other	(describe) Making	g/constructing			
What oth	ner classroom acti	vity/activities related or	added to this ex	perience?	
X math	m	usic	X art	film	
bo	ooks	field trip		other (describe)	
Supplies	needed: Sliced b	anana (3 slices each chi	ld), raisins, blue	berries (3 for each child), pretz	el sticks, plates
Procedu	re step-by-step:				
1.	Wash hands				
2.	1				1
3. 4.	Use 2 blueberries for eyes & a raisin for the nose Place pretzels as arms				
5.	Use 3 more raisins for buttons				
6.	Enjoy!	is for buttons			
7.					
8.					
9.					
10.					

Possible enhancements to this Activity:

Evaluation:					
Would you do this experience again?					
How would you improve this experience in the future?					
Did the children meet the learning objectives? Why or why not?					
Comments:					