HEAD START FOOD EXPERIENCE

Date	Center	Food Experience	e Name: Breads Around the World
Person leading experience		Length of time:	20 minutes
the children Breads (i	ren a chance to taste breads from	m 5 different cultures. The children to taste the breads	rning (behavioral goals):This activity will give te teacher will read the book Breads, Breads, s and discuss where they come from. This t people.
This food	d experience allows children to	learn by participating in:	
X tasting	g dipping	portioning pouring	cutting
m	ixing measur	ing	cooking
oti	her (describe)		
What other classroom activity/activities related or added to this experience?			
X math	music	art	film
X books	field trip	other (de	escribe)
Supplies needed: The book, "Bread, Bread, Bread", Churros, Hot dog buns, soft pretzels, scones, bagels, plates			
Procedur	e step-by-step:		
2. 3. 4.	Read the book "Bread, Bread, Wash hands and sit at table Introduce each of the above for Taste each bread food Talk about how they are different to the state of	ods and tell about the coun	

Possible enhancements to this Activity:

Evaluation:			
Would you do this experience again?			
How would you improve this experience in the future?			
Did the children meet the learning objectives? Why or why not?			
Comments:			