



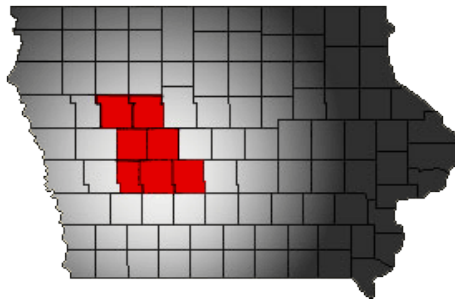
2024 Annual Report

October 1, 2023—September 30, 2024

Building Connections



In our Communities



Serving Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie & Sac Counties

www.newopp.org

2024 Annual Report, October 1, 2023—September 30, 2024



Our Mission

"New Opportunities, Inc., in an effort to eliminate poverty, provides direct support and service to children, adolescents, adults, aging adults, and families to help them reach their highest potential in regard to their personal and economic self-sufficiency."

We proudly provide high-quality services to individuals and families throughout our seven-county service area. We include education services, therapy services, support services, and various types of assistance services.

County Office Locations

Audubon County



109 Tracy St.
Audubon, IA 50025
P: (712) 563-2777

Calhoun County



334 Richmond St.
Rockwell City, IA 50579
P: (712) 297-7721

Carroll County



23751 Hwy 30
Carroll, IA 51401
P: (712) 792-9266

Dallas County



2816 1st Ave.
Perry, IA 50220
P: (515) 465-5185

Greene County



1401 N Elm St.,
Suite A
Jefferson, IA 50129
P: (515) 386-2719

Guthrie County



400 State St.
Guthrie Center, IA 50115
P: 641-747-3845

Sac County



1710 W Main St.
Sac City, IA 50583
P: (712) 662-3236



Behavioral Health



The **Behavioral Health Department** offers substance use disorder, problem gambling, and mental health treatment & prevention services in Audubon, Carroll, Greene, Guthrie and Sac Counties. Clinical Staff provided **4,559** client contacts in FY24 consisting of evaluations, individual & group sessions, drug screenings, engagement encounters, family education, and transportation services. **533** individuals served and supported in over 80 crisis events in 2023 - 2024.

Integrated Provider Network (IPN) IPN services are funded by the Iowa Department of Health and Human services and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA). The IPN is a statewide, community-based, resiliency- and recovery-oriented system of care for substance use and problem gambling services (prevention, early intervention, treatment, and recovery support).

Workplace Training & Drug Testing To help employers understand how substance use outside of work affects work performance, our Prevention Specialists provide employers with training and support in making healthier workplaces, providing guidance on creating and implementing Drug Free Workplace policies, as well as Tobacco/Nicotine Free Policies, at no cost to the employer. Training can also be provided to employees. New Opportunities Prevention Services also offers Pre-Employment, Post-Accident, Reasonable Suspicion, and DOT drug-testing services at our site or yours (fees apply). Prevention provided **322 drug test services**.

Prevention provides programs to the community to protect individuals from experiencing problems with alcohol, tobacco and other drugs.

State Opioid Response (SOR) The SOR project aims to address the opioid crisis by increasing access to medications for opioid use disorder (MOUD) using the three FDA-approved medications for the treatment of opioid use disorder (OUD), reducing unmet treatment needs, and reducing opioid overdose related deaths through the provision of prevention, treatment and recovery activities for opioid use disorder. This program also supports evidence-based prevention, treatment and recovery support services to address stimulant misuse and use disorders, including cocaine and methamphetamine. In FY24, we exceeded project expectations and **served 29 clients** (23 required) through the SOR program. Prevention met all project requirements, providing 48 trainings, reaching over 550 individuals. In February 2023, we became a secondary distributor of naloxone, providing over 400 community members with life saving medication.

Mentoring New Opportunities Mentoring Programs are certified by the Iowa Mentoring Partnership (IMP). In FY24 we had **28** mentees and **27** mentors involved in the program.

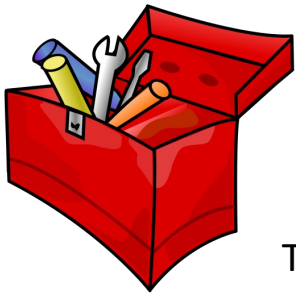
The Mentoring program needs more mentors!

Audubon 1; Carroll: 8; Greene: 2; Guthrie: 1; Sac: 4

Financial Literacy Our counselor met with **151** individuals and **46** families to teach them about building financial security!

YourLifelowa.org





Development



Throughout FY24, Audubon, Calhoun, Carroll, Guthrie, & Sac Counties provided food pantries for

3,167 households.

Utility Assistance

Is offered in all 7 counties through the Outreach Centers. Utility assistance includes Low-Income Home Energy Assistance Program (LIHEAP) and crisis assistance for households facing utility disconnects. The Outreach Offices also offer mobile LIHEAP clinics that reach clients that are not able to drive to their local outreach offices.

- ◆ The LIHEAP program served **3,628** households granting **\$1,791,840** in assistance.
- ◆ Crisis Assistance served **1,773** households and provided **\$1,027,206** to avoid disconnection.



Outreach Projects

New Opportunities Outreach Offices in Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie, and Sac Counties offer hope and encouragement for low-income families to succeed through available resources throughout the year.

- ◆ Backpacks are packed and ready to be distributed to help children start the school year equipped and ready to learn. A total of **676** students received Back-to School Supplies.
- ◆ Food packages are offered seasonally, provided through local community support. A total of **676** Households received a food package.
- ◆ During the holiday season, each outreach office collaborates with local resources and Toys for Tots to distribute Christmas gifts to eligible, low-income families in their counties. A total of **1,469** children received gifts.
- ◆ There were 3 disaster proclamations in FY24, Calhoun, Carroll, & Dallas County.



FaDSS

Family Development & Self-Sufficiency (FaDSS) Program provides support and advocacy to low-income families. It is funded to serve **42** families in an eight-county service area of Audubon, Boone, Calhoun, Carroll, Dallas, Greene, Guthrie and Sac Counties.





Health



The **Health Department** has provided accessible, affordable and comprehensive health services to individuals and families throughout the **New Opportunities** service area for over 50 years.

718 pregnant and post-partum women were seen through the **Healthy Pregnancy Program** for health education during and after their pregnancies. The Healthy Pregnancy Program serves Audubon, Buena Vista, Carroll, Crawford, Greene, Guthrie, and Sac counties. The Healthy Pregnancy Program offers prenatal nursing visits and social work support for pregnant individuals. These visits are focused on the health of the pregnant person and creating a healthy home environment prepared for the baby to come to. **82%** of women sought care with their OB provider in the 1st trimester.

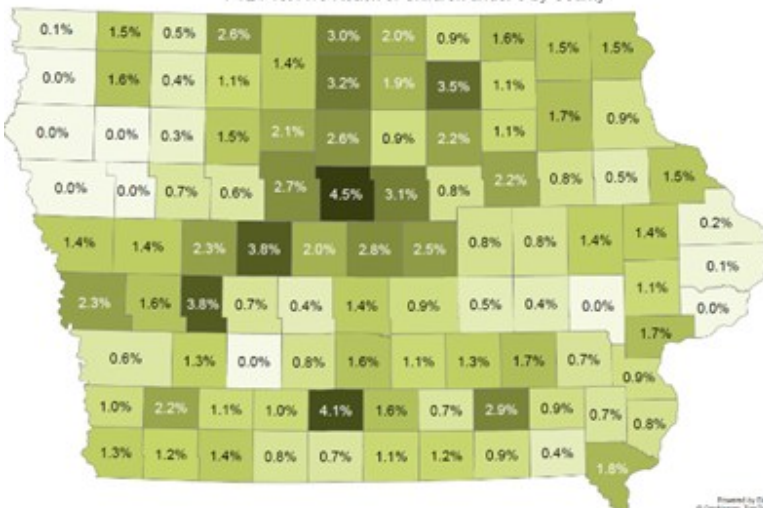


3,316 women and children received **Women Infants & Children (WIC)** benefits. The WIC program aims to safeguard the health of low-income

women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care. WIC participants have access to nutrition education, breastfeeding support, healthy food packages, referrals to health and social services, and WIC offers an extra layer of support and care to parents and guardians.

531 middle/high school students received evidence-based sexual health education through the **Community Adolescent Pregnancy Prevention Program (CAPP)** on a variety of topics including: healthy relationship, healthy behaviors, What is Consent, dating violence prevention, good communication skills, preventing unplanned pregnancies, reducing sexually transmitted infections and being safe with social media. The CAPP Program serves Audubon, Greene, Guthrie, and Pocahontas Counties. CAPP works with each school district to implement a curriculum that best meets the needs of their students.

FY24 1st Five Reach of Children under 5 by County



The **1st Five Program** supports providers in Audubon, Buena Vista, Carroll, Crawford, Greene, Guthrie, and Sac counties in the early detection of social-emotional and development delays, and family risk-related factors to children age birth to 5. 1st Five coordinates' referrals, interventions, and provides follow-up to families referred.



Weatherization



The **Weatherization Department** works with low-income families to help reduce their energy usage by improving the energy efficiency of their homes. Weatherization services are at no cost to the families.

The Weatherization department completed the following in our eight county area:

(Audubon, Calhoun, Carroll, Crawford, Dallas, Greene, Guthrie and Sac).

Completed Weatherization on 49 homes



Replaced **24** Furnaces

Installed **110** Smoke Alarms

Installed **135** Carbon Monoxide Detectors

Replaced **22** Water heaters

Installed **20** Exhaust Fans

Installed **5** LP Alarms



Head Start



Head Start (HS) and Early Head Start (EHS) provides comprehensive services to expectant mothers and children birth to age five and their families to help them be successful.

HS provides preschool to eligible three and four year olds at no cost to families. EHS center based provides high quality care to eligible children age birth to three at no cost to families. HS preschool and EHS center based feature active learning experiences, nutritious snacks and meals, health, mental health, and oral health services, as well as family support.

New Opportunities, Inc. HS preschool is funded to serve **247 children** age 3-5 annually. In 2023-2024 HS preschool was offered in **26 classes** in 12 different centers. Seven of these centers are school district partnerships. In 15 of the classes offered, enrolled children received full day preschool.

EHS center based is funded to serve **64 children** age birth to three annually. In 2023-2024, EHS center based was offered in 8 classrooms in two centers. All children enrolled in EHS center based receive full day care.

EHS home based is funded to serve **27 children** age birth to three and/or expectant mothers. EHS home based provides weekly home based visits to each enrolled participant using curriculum driven lesson plans. These visits focus on assisting parents to be their child’s first and best teacher.

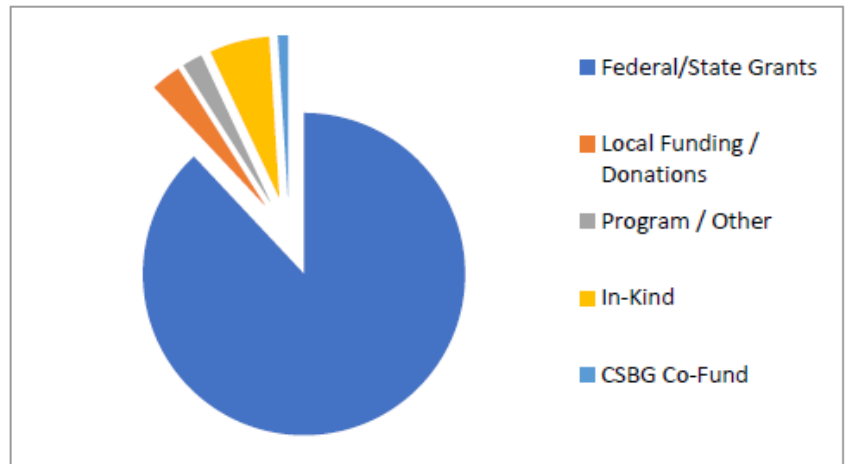
Statement of Activities



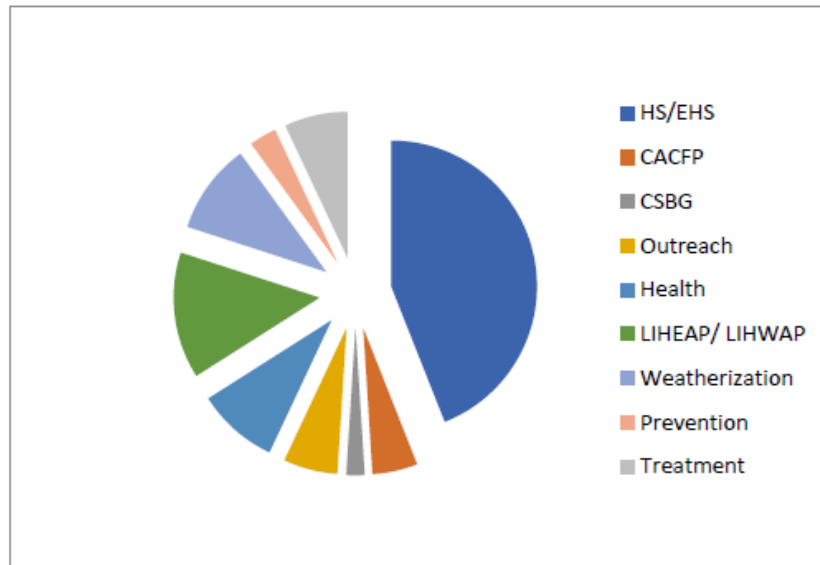
FY24 Program Revenue and Expenses

FY24 PROGRAM REVENUE

Federal/State Grants	88%
Local Funding / Donations	3%
Program / Other	2%
In-Kind	6%
CSBG Co-Fund	1%
	<u>100%</u>



FY24 PROGRAM EXPENSES



HS/EHS	44%
CACFP	5%
CSBG	2%
Outreach	6%
Health	9%
LIHEAP/ LIHWAP	14%
Weatherization	10%
Prevention	3%
Treatment	7%
	<u>100%</u>