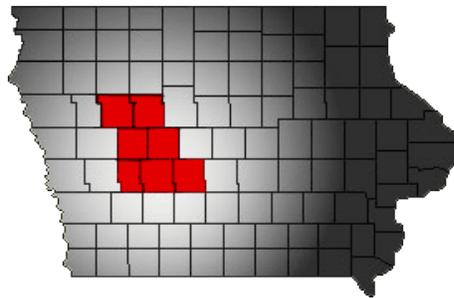
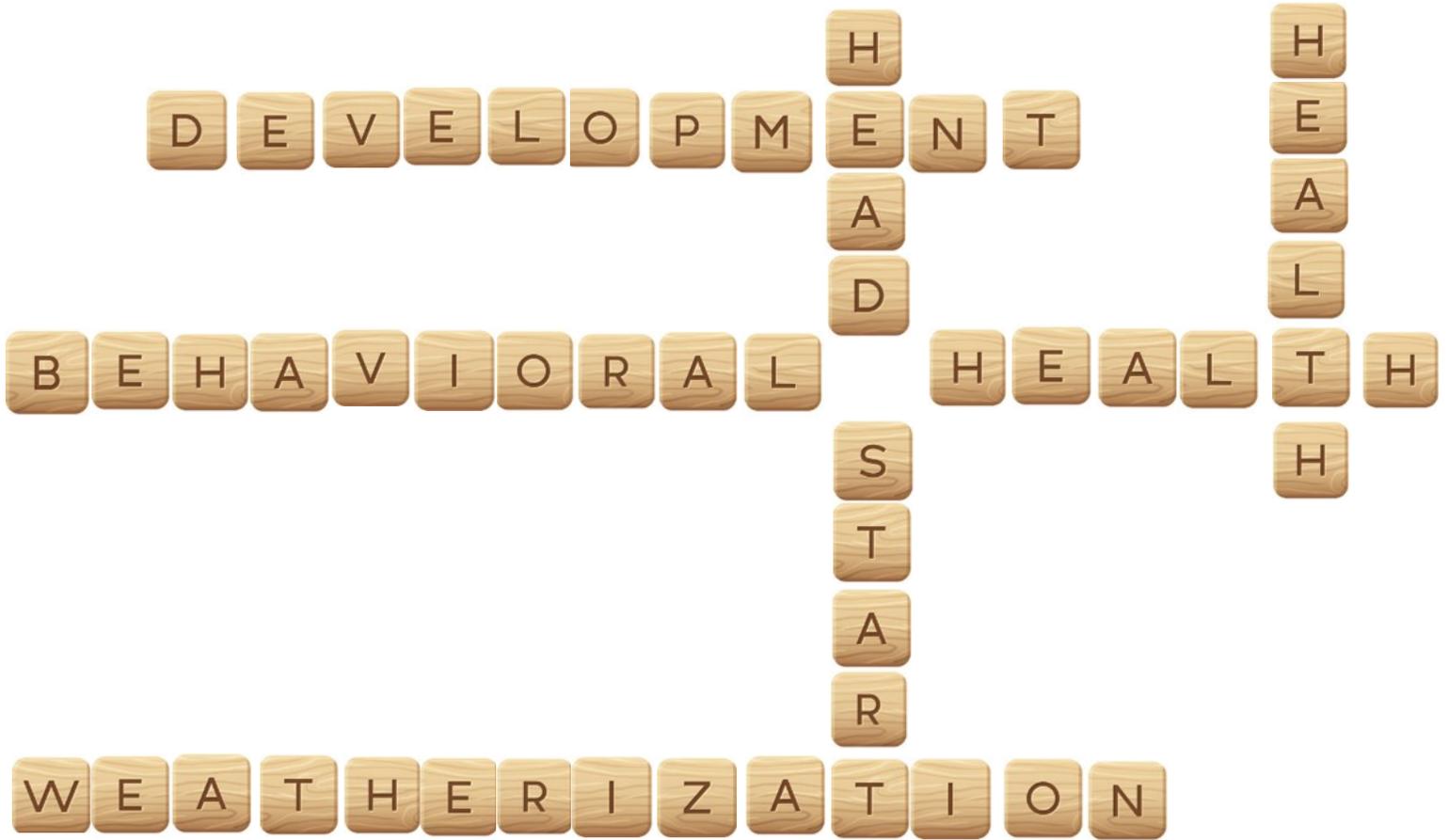




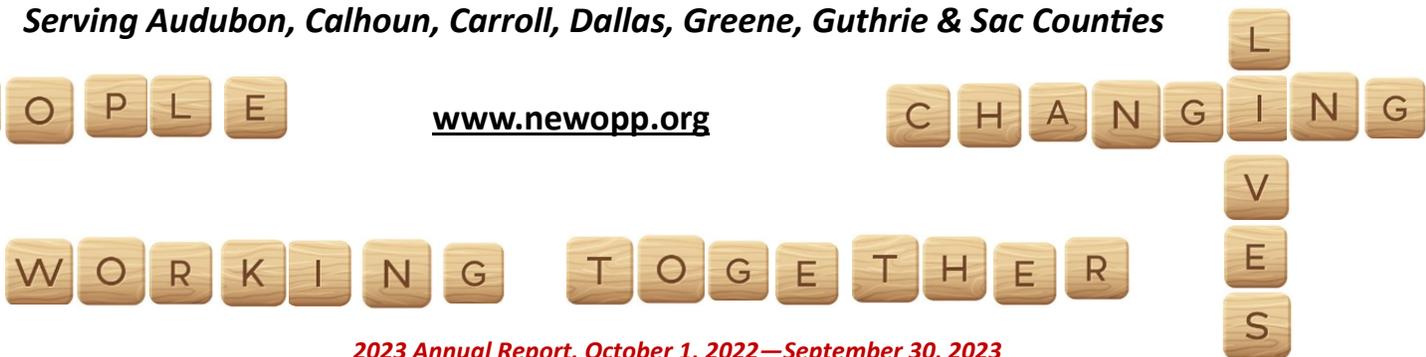
# 2023 Annual Report

October 1, 2022—September 30, 2023



*Serving Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie & Sac Counties*

[www.newopp.org](http://www.newopp.org)



# HEAD START

**Head Start (HS) and Early Head Start (EHS)** provides comprehensive services to expectant mothers and children birth to age five and their families to help them be successful.

HS provides preschool to eligible three and four year olds at no cost to families. EHS center based provides high quality care to eligible children age birth to three at no cost to families. HS preschool and EHS center based feature active learning experiences, nutritious snacks and meals, health, mental health, and oral health services, as well as family support.

New Opportunities, Inc. HS preschool is funded to serve **247 children** age 3-5 annually. In 2022-2023 HS preschool was offered in **24 classes** in 11 different centers. Seven of these centers are school district partnerships. In 11 of the classes offered, enrolled children received full day preschool.

EHS center based is funded to serve **64 children** age birth to three annually. In 2022-2023, EHS center based was offered in 8 classrooms in two centers. All children enrolled in EHS center based receive full day care.

EHS home based is funded to serve **27 children** age birth to three and/or expectant mothers. EHS home based provides weekly home based visits to each enrolled participant using curriculum driven lesson plans. These visits focus on assisting parents to be their child's first and best teacher.



# DEVELOPMENT

## Outreach Projects

New Opportunities Outreach Offices in Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie, and Sac Counties offer hope and encouragement for low-income families to succeed through available resources throughout the year.

- ◆ Backpacks are packed and ready to be distributed to help children start the school year equipped and ready to learn. A total of **512** students received Back-to School Supplies.
- ◆ Food packages are offered seasonally, provided through local community support. A total of **741** Households received a food package.
- ◆ During the holiday season, each outreach office collaborates with local resources and Toys for Tots to distribute Christmas gifts to eligible, low-income families in their counties. A total of **1,185** children received gifts.
- ◆ There was no proclamation of disaster in FY23.

## Utility Assistance

Is offered in all 7 counties through the Outreach Centers. Utility assistance includes Low-Income Home Energy Assistance Program (LIHEAP) and crisis assistance for households facing utility disconnects. The Outreach Offices also offer mobile LIHEAP clinics that reach clients that are not able to drive to their local outreach offices.

- ◆ The LIHEAP program served **3,490** households paying out **\$1,793,000** in assistance.



- ◆ Crisis Assistance served **1,173** households and paid out **\$1,027,206** to avoid disconnection.

- ◆ The LIHWAP (Low-Income Household Water Assistance Program) served **568** households and **\$309,181** was paid out in assistance.



Family Development & Self-Sufficiency (FaDSS) Program provides support and advocacy to low-income families. It is funded to serve **42 families** in the eight-county service area of Audubon, Boone, Calhoun, Carroll, Dallas, Greene, Guthrie and Sac Counties.

# BEHAVIORAL HEALTH

The **Behavioral Health Department** offers treatment for substance use disorders, problem gambling, and mental health services to Audubon, Carroll, Greene, Guthrie and Sac Counties and served **534** individuals and supported over **100** crisis events in 2022 - 2023.

The Behavioral Health Department is part of the **Integrated Provider Network (IPN)**- with services funded by the Iowa Department of Public Health and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA). The IPN is a statewide, community-based, resiliency- and recovery-oriented system of care for substance use and problem gambling services (prevention, early intervention, treatment, and recovery support).

**State Opioid Response 3 (SOR)** The SOR3 project aims to address the opioid crisis by increasing access to medications for opioid use disorder (MOUD) using the three FDA-approved medications for the treatment of opioid use disorder (OUD), reducing unmet treatment needs, and reducing opioid overdose related deaths through the provision of prevention, treatment and recovery activities for opioid use disorder. This program also supports evidence-based prevention, treatment and recovery support services to address stimulant misuse and use disorders, including cocaine and methamphetamine. In FY23, we exceeded project expectations and **served 29 clients** (23 needed) through the SOR program.

**Prevention** provides programs to the community to protect individuals from experiencing problems with alcohol, tobacco and other drugs.

New Opportunities Mentoring Programs are certified by the Iowa Mentoring Partnership (IMP). In FY23 we had **63** mentees and **47** mentors involved in the program.

**The mentoring program needs more mentors!**

**Audubon 1; Carroll: 8; Greene 3; Guthrie: 1; Sac: 5**

The Prevention Department **Financial Literacy** counselor met with **179** individuals and **62** families to teach them about building financial security!

To help employers understand how substance use outside of work affects work performance, our Prevention Specialists provide employers with training and support in making healthier workplaces, providing guidance on creating and implementing Drug Free Workplace policies, as well as Tobacco/Nicotine Free Policies, at no cost to the employer. Training can also be provided to employees. New Opportunities Prevention Department also offers Pre-Employment, Post-Accident, Reasonable Suspicion, and DOT drug-testing services at our site or yours (fees apply). Prevention provided **269 drug test services** .

# HEALTH

The **Health Department** has provided accessible, affordable and comprehensive health services to individuals and families throughout New Opportunities seven county service area for over 45 years.

**3,354** women and children received **Women Infants & Children (WIC)** benefits. WIC helps provide healthy foods, nutrition education, and referral to other healthcare agencies.

**1ST Five** provided care coordination to **62** families after receiving a referral from their medical provider, resulting in over **81** community resource connections for the families. Currently 1st Five has **18** medical clinics making referrals to the program.

**1254** middle/high school/college students received science-based sexuality information including having a healthy relationship, preventing unplanned pregnancies, reducing sexually transmitted infections and being safe with social media.

**463** pregnant and post-partum women were seen through the **Healthy Pregnancy Program** for health education during and after their pregnancies. **94%** sought care with their OB provider in the 1st trimester.

The 9th Annual **Free Children's Health Clinic** offering free health screenings, school physicals, health insurance information, dental screenings, vision screenings, hair cuts, immunizations, lead testing, developmental screenings and haircuts served 75 children birth to 18 years old.

# WEATHERIZATION

The **Weatherization Department** works with low-income families to help reduce their energy usage by improving the energy efficiency of their homes.

The Weatherization services are at no cost to the families.



The Weatherization department completed the following in our eight county area:  
(Audubon, Calhoun, Carroll, Crawford, Dallas, Greene, Guthrie and Sac).

☀️ Completed Weatherization on 50 homes

☀️ Replaced **19** Furnaces

☀️ Installed **38** Smoke Alarms

☀️ Installed **37** Carbon Monoxide Detectors

☀️ Replaced **20** Water heaters

☀️ Installed **30** Exhaust Fans

☀️ Installed **6** LP Alarms

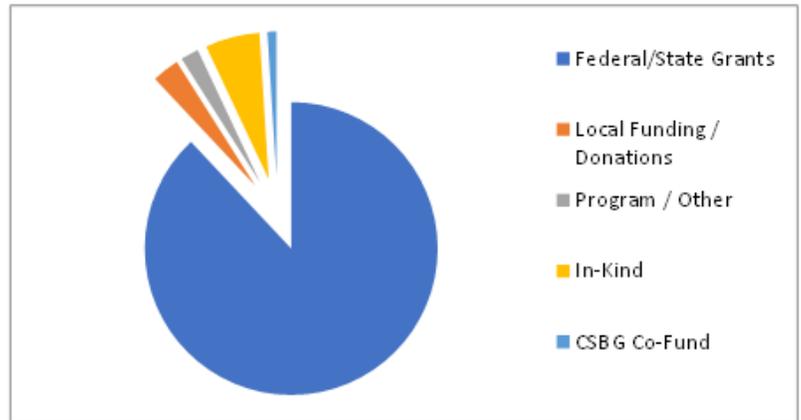
## STATEMENT

## OF ACTIVITIES

### FY23 PROGRAM REVENUE AND EXPENSES BY CATEGORY

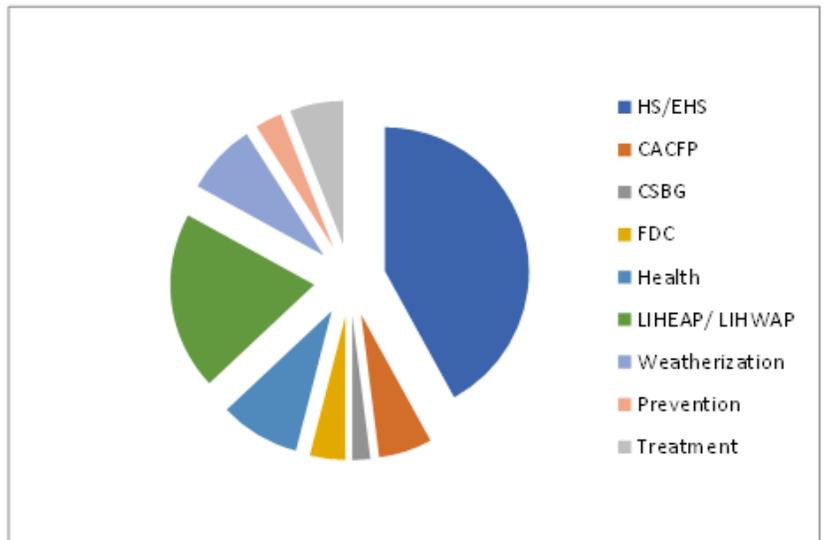
#### FY23 PROGRAM REVENUE

Federal/State Grants	88%
Local Funding / Donations	3%
Program / Other	2%
In-Kind	6%
CSBG Co-Fund	1%
	<u>100%</u>



#### FY23 PROGRAM EXPENSES

HS/EHS	42%
CACFP	6%
CSBG	2%
FDC	4%
Health	9%
LIHEAP/ LIHWAP	20%
Weatherization	8%
Prevention	3%
Treatment	6%
	<u>100%</u>



PARTNERSHIP