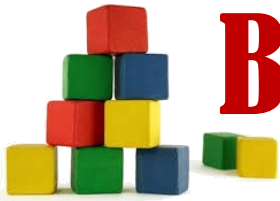




# 2016 Annual Report

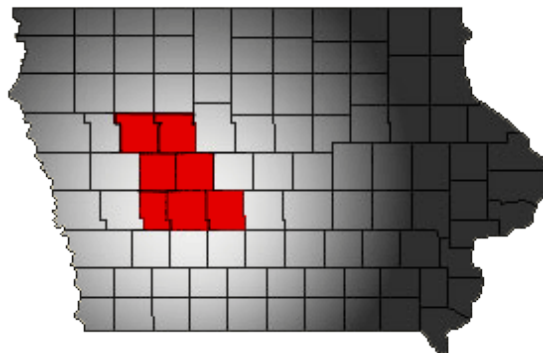
October 1, 2015—September 30, 2016



## Building a Better Future

## For Families

## In Western Iowa



*Serving Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie & Sac Counties*

[www.newopp.org](http://www.newopp.org)

# HEALTH

The **Health Department** has provided accessible, affordable and comprehensive health services to individuals and families throughout New Opportunities seven county service area for over 45 years.



**1751** women and children received **Women Infants & Children (WIC)** benefits. WIC helps provide healthy foods, nutrition education, and referral to other healthcare agencies.



**1ST Five** provided care coordination to **88** families after receiving a referral from their medical provider, resulting in over **120** community resource connections for the families. Currently 1st Five has **13** medical clinics making referrals to the program.

**2642** middle/high school/college students received science-based sexuality information including having a healthy relationship, preventing unplanned pregnancies, reducing sexually transmitted infections and being safe with social media.

**510** pregnant and post-partum women were seen through the **Maternal Health Program** for health education during and after their pregnancies. **90.7%** sought care with their OB provider in the 1st trimester.

# PREVENTION

**Prevention** provides programs to the community to protect individuals from experiencing problems with alcohol, tobacco and other drugs.

New Opportunities Mentoring Programs are certified by the Iowa Mentoring Partnership (IMP); Sac County Mentoring Coordinator Jayne Wilhelm sits on the IMP Provider board, supporting and guiding mentoring programs across the state. The mentoring program grew in 2015-2016, and we have expanded programming into Guthrie County!



**155 Total Matches:**

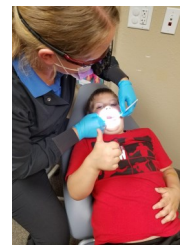
**Audubon: 15; Carroll: 55; Guthrie: 5; Sac: 80**

The 2nd Annual **Free Children's Health Clinic** offering free health screenings, school physicals, health insurance information, dental screenings, vision screenings, hair cuts, immunizations, lead testing, developmental screenings and haircuts served 90 children birth to 18 years old.



**3388** children ages birth to 19 were provided services through the **Child Health Program**. 83% reported a medical home.

**I-Smile Program** provided **2912** dental screenings, **2949** fluoride varnishes, and **398** sealants. Dental Hygienists provide services at WIC clinics, preschools, Head Starts and schools.



**712** women/men received services in our Reproductive Health Clinic.

To help them understand how substance use outside of work affects work performance, our **Prevention** consultants provide employers with training and support in making healthier workplaces, providing guidance on creating and implementing Drug Free Workplace policies, as well as Tobacco/Nicotine Free Policies, at no cost to the employer. Training can also be provided to employees. New Opportunities **Prevention** Department also offers Pre-Employment, Post-Accident, Reasonable Suspicion, and DOT drug-testing services at our site or yours (fees apply).

**Prevention** provided **269 drug test services** in FY16!

Parenting classes offered by Trained Independent Facilitators of the **Love and Logic®** curricula served **50 individuals!**

**Love and Logic®** is a registered trademark of the Love and Logic Institute, Inc.

The **Prevention** Department Financial Literacy counselor met with **256 families** to teach them to about building financial security!

# HEAD START

**Head Start/Early Head Start** joins expectant mothers and children birth to age five and their families with comprehensive services to help them be successful.

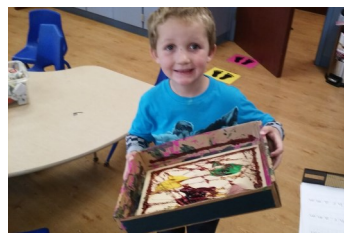
**Head Start** served 275 children in seven counties during the 2015-2016 school year.



In 2015-2016 **Head Start** Preschool was offered in 21 classes in 11 different centers. Seven of the centers are school district partnerships. In many cases these partnerships allow for eligible children to receive full day preschool.

The **Head Start/Early Head Start** team, including 63 contracted and non-contracted Head Start staff and 12 Early Head Start staff, provided services from preschool to home visits in an effort to help children be ready to enter Kindergarten.

**Early Head Start** served 55 children age birth to three, and also four expectant mothers, in four counties –Carroll, Dallas, Greene and Guthrie—in 2015-2016.



# BEHAVIORAL HEALTH

The **Behavioral Health Department** offers treatment and mental health services to Audubon, Carroll, Greene, Guthrie and Sac Counties and served 751 individuals in 2015-2016.

The Behavioral Health Department was involved in the **Iowa Youth & Young Adult Suicide Prevention Program (Y-YASP) Project** until it ended in September 2016. As a part of this grant, we screened all clients ages 10 to 24 utilizing the Patient Health Questionnaire PHQ-9 Modified screening tool. Our counselors are able to provide a thorough assessment/evaluation, which allows us to make referrals for mental health services when needed. Though that grant has ended, New Opportunities, Inc. has decided to implement the PHQ-9 as a permanent part of our screening/evaluation process for all clients, regardless of age.



The Behavioral Health Department is currently involved with the **Integrated Services Project (ISP)**. ISP contracts with a substance abuse agency and a domestic violence agency that provide services in a similar service area in Iowa. New Opportunities co-facilitated a women's empowerment group with Family Crisis Centers (FCC) and Centers Against Abuse & Sexual Assault (CAASA) that addressed a variety of issues, from substance use, domestic violence, sexual assault, healthy relationships, boundaries, and other living skills.

**Access to Recovery (ATR)** continues to be available providing vouchers to individuals in recovery from substance abuse for the purchase of recovery support services. The program assists our clients with transportation by providing cab cards or gas cards. It also assists in paying a percentage of treatment fees for clients that are uninsured or underinsured. In FY16, **40 clients** received vouchers through the ATR program.



# DEVELOPMENT

New Opportunities provides services to the community through each **Family Development Center** located in each of the seven counties served to help individuals and families succeed!

In 2016, our two Sac County offices, the Sac County **Family Development Center** and the Sac County Substance Abuse Treatment Center, were able to combine into one location. Not only are all of New Opportunities' services now accessible in one building, this collaboration has also allowed us to act as the information and referral center for services available within, and outside of, our agency. We are very appreciative of the additional office space, allowing us to better serve Sac County residents.

In December 2015, the Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie, and Sac County **Family Development Centers** distributed Christmas gifts to a combined 1,750 children!



In the summer of 2016, the Carroll County **Family Development Center** partnered with the Coon Rapids-Bayard School, and the Guthrie County **Family Development Center** partnered with the Guthrie Center Elementary to offer the Summer Food Service Program (SFSP). Combined these two programs served a total of 1,506 meals to children ages 0-18!



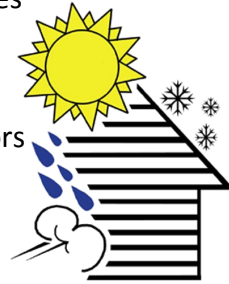
In an attempt to reach all qualifying Low-Income Home Energy Assistance Program (LIHEAP) households, the **Development Department** provided additional local intake sites in communities within our seven county coverage area! In Fiscal Year 16, we had local intake sites in Lake City, Coon Rapids, Manning, Adel, Churdan, Grand Junction, Panora and Wall Lake in addition to our **Family Development Centers** in each county.

# WEATHERIZATION

The **Weatherization Department** works with low-income families to help reduce their energy usage by improving the energy efficiency of their homes. The Weatherization services are at no cost to the families.

From October 1st, 2015, to September 30th, 2016, the Weatherization department completed the following in our eight county area (Audubon, Calhoun, Carroll, Crawford, Dallas, Greene, Guthrie and Sac):

- Completed weatherization on 53 homes
- Replaced 40 furnaces/boilers
- Replaced 38 water heaters
- Installed 65 carbon monoxide detectors
- Installed 40 smoke alarms
- Installed 45 exhaust fans



## STATEMENT OF ACTIVITIES

### Program Revenue FY16

### Program Expense FY16

Federal Grants	\$6,634,111	Community Service Block Grant (CSBG)	\$245,870
State Grants	\$1,375,977	Family Development Centers (FDC's)	\$477,981
Local Government	\$154,332	Health	\$1,384,023
Insurance	\$430,213	Head Start/Early Head Start (HS/EHS)	\$3,278,729
Client Fees	\$151,088	Energy (LIHEAP and Weatherization)	\$2,725,048
In-Kind	\$621,647	Prevention	\$503,273
Local Donations	\$249,638	Treatment (Behavioral Health)	\$691,015
Other Revenue	\$104,523	Early Childhood Iowa	\$515,266
CSBG Co-Fund	\$159,238	<b>Total Program Expense</b>	<b>\$9,821,206</b>
<b>Total Program Revenue</b>	<b>\$9,880,767</b>	<b>Change in Program Net Assets</b>	<b>\$59,561</b>