

Helping People. Changing Lives.

New Opportunities Behavioral Health Services is a private, non-profit organization funded by federal, state, county and city dollars. New Opportunities also receives funding from United Way of Central Iowa, Community Chest, and other private sources. New Opportunities is licensed by the Iowa Department of Public Health, Division of Substance Abuse and Health Promotion.



Updated 10/5/2022

Office Locations

Carroll County

Administrative Office
23751 Hwy 30 East
P.O. Box 427
Carroll, IA 51401

Phone: 712-792-9266
Fax: 712-792-1457



Audubon County

109 Tracy Street
P.O. Box 241
Audubon, IA 50025

Phone: 712-563-2777
Fax: 712-563-3017



Greene County

1401 N Elm, Suite A
P.O. Box 386
Jefferson, IA 50129

Phone: 515-386-4795
Fax: 515-386-3845



Guthrie County

400 State Street
P.O. Box 22
Guthrie Center, IA 50115

Phone: 641-747-3845
Fax: 641-747-3269



Sac County

1710 W. Main Street
P.O. Box 329
Sac City, IA 50583

Phone: 712-662-7921
Fax: 712-662-8020



Behavioral Health Services for Treatment and Prevention of Substance Use Disorders



*Serving Audubon, Carroll,
Greene, Guthrie and Sac
Counties*

website: www.newopp.org

Welcome to New Opportunities, Inc.

For over 30 years, we have served the community in providing quality, confidential care addressing substance abuse issues. Through the years we have helped countless individuals change their lives and the lives of those they love by becoming drug and alcohol free.

Through various services offered we help facilitate a change process within individuals. It is our belief that addiction is a treatable disease. We provide a holistic, practical recovery-oriented system to meet the varying needs of each individual.

Treatment Services

- Assessments and evaluation
- State required OWI assessment
- Individual counseling services
- Group counseling
- Referral services
- Family and concerned person counseling
- Drug/Alcohol testing
- Co-Occurring education
- Adult/adolescent outpatient treatment services

Payment Options

- Sliding scale fees
- Iowa Medicaid
- Insurance
- Self Pay

Crisis Services

Counselors available 24 hours a day, 7 days a week at 712-830-0074.

Outpatient Programs

Intensive Outpatient Program

The intensive outpatient program offers a minimum of nine (9) hours of treatment services per week. This is provided in a structured group environment offered three days a week that utilizes an evidenced based program. The staff provides a safe confidential setting to help assist the client in moving towards a healthy sober lifestyle. There is a focus on Early Recovery Skills, Relapse Prevention and Family Education.

Extended Outpatient Program

The extended outpatient program offers a minimum of one (1) hour up to eight (8) hours of treatment services per week which can include:

Extended Outpatient Group: Provides regularly scheduled weekly groups that address lifestyle, attitude and behavioral issues which undermine the individual's ability to cope without the use of alcohol or drugs.

Adolescent Outpatient Group: Provides regularly scheduled groups two days a week. An evidenced based curriculum specific to adolescents is utilized. Adolescents learn to work and think on their own as they strive to change high-risk behaviors.

Individual Counseling: Provides regularly scheduled individual session. The focus of these sessions are individualized to address specific area of need to include the use of substances and the effects they have on personal life and that of the family.

Continuing Care: Provides ongoing support and preparation for discharge following more extensive treatment in group and individual settings.

Integrated Provider Network - Substance Use Disorder Prevention & Treatment Services

The Iowa Department of Public Health (IDPH) Substance Use and Problem Gambling Services Integrated Provider Network (IPN) is a statewide, community-based, resiliency- and recovery-oriented system of care for substance use and problem gambling services (prevention, early intervention, treatment, and recovery support).

New Opportunities, Inc. is part of the IDPH Integrated Provider Network, with services funded by the Iowa Department of Public Health and the U.S. Dept. of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA).

IPN Prevention services follow SAMHSA's Strategic Prevention Framework and provide services in coordination with community stakeholders implementing all of SAMHSA's service categories:

- Information Dissemination
- Education
- Alternatives
- Problem Identification and Referral
- Community-Based Process
- Environmental Strategies

Evidenced Based Programming

MATRIX

KIDS (Keep It Direct & Simple)

LIB (Living In Balance)

PRIme For Life

PRIme For Life 420

Botvin LifeSkills Training