

# Helping People. Changing Lives.

New Opportunities Behavioral Health Services is a private, non-profit organization funded by state, county and city dollars. New Opportunities also receives funding from United Way of Carroll, Community Chest, and other private sources. New Opportunities is licensed by the Iowa Department of Public Health, Division of Substance Abuse and Health Promotion.



Updated 6/27/17

## Office Locations

### Carroll County

Administrative Office  
23751 Hwy 30 East  
P.O. Box 427  
Carroll, IA 51401  
Phone: 712-792-9266  
Fax: 712-792-1457



### Audubon County

109 Tracy Street  
P.O. Box 241  
Audubon, IA 50025  
Phone: 712-563-2777  
Fax: 712-563-3017



### Greene County

1401 N Elm, Suite A  
P.O. Box 386  
Jefferson, IA 50129  
Phone: 515-386-4795  
Fax: 515-386-3845



### Guthrie County

400 State Street  
P.O. Box 22  
Guthrie Center, IA 50115  
Phone: 641-747-3845  
Fax: 641-747-3269



### Sac County

1710 W. Main Street  
P.O. Box 329  
Sac City, IA 50583  
Phone: 712-662-7921  
Fax: 712-662-8020



## Behavioral Health Services for Treatment and Prevention of Substance Abuse



*Serving Audubon, Carroll,  
Greene, Guthrie and Sac  
Counties*

website: [www.newopp.org](http://www.newopp.org)

## Welcome to New Opportunities, Inc.

For over 30 years, we have served the community in providing quality, confidential care addressing substance abuse issues. Through the years we have helped countless individuals change their lives and the lives of those they love by becoming drug and alcohol free.

Through various services offered we help facilitate a change process within individuals. It is our belief that addiction is a treatable disease. We provide a holistic, practical recovery-oriented system to meet the varying needs of each individual.

## Treatment Services

- Assessments and evaluation
- State required OWI assessment
- Individual counseling services
- Group counseling
- Referral services
- Family and concerned person counseling
- Drug/Alcohol testing
- Co-Occurring education
- Adult/adolescent outpatient treatment services

## Payment Options

- Sliding scale fees
- Iowa Medicaid
- Insurance
- Self Pay

## Outpatient Programs

### Intensive Outpatient Program

The intensive outpatient program offers a minimum of nine (9) hours of treatment services per week. This is provided in a structured group environment offered three days a week that utilizes an evidenced based program. The staff provides a safe confidential setting to help assist the client in moving towards a healthy sober lifestyle. There is a focus on Early Recovery Skills, Relapse Prevention and Family Education.

### Extended Outpatient Program

The extended outpatient program offers a minimum of one (1) hour up to eight (8) hours of treatment services per week which can include:

**Extended Outpatient Group:** Provides regularly scheduled weekly groups that address lifestyle, attitude and behavioral issues which undermine the individual's ability to cope without the use of alcohol or drugs.

**Adolescent Outpatient Group:** Provides regularly scheduled groups two days a week. An evidenced based curriculum specific to adolescents is utilized. Adolescents learn to work and think on their own as they strive to change high-risk behaviors.

**Individual Counseling:** Provides regularly scheduled individual session. The focus of these sessions are individualized to address specific area of need to include the use of substances and the effects they have on personal life and that of the family.

**Continuing Care:** Provides ongoing support and preparation for discharge following more extensive treatment in group and individual settings.

## Prevention Educational Services

Primary prevention protects the individual from experiencing problems with alcohol, tobacco and other drugs and delays the age of onset by providing broad based community programs. These programs focus on education and are often paralleled in the schools and workplace.

### JADE—Juvenile Alcohol and Drug Education

A six (6) hour program targeting youth as a follow-up to school policy violations and juvenile court referrals.

### PRI—Prime For Life

A twelve (12) hour state DOT required offender program for OWI and Zero Tolerance.

### Evidenced Based Programming

MATRIX

Prime Solution

KIDS (Keep It Direct & Simple)

LIB (Living In Balance)

### Crisis Services

Counselors available 24 hours a day, 7 days a week at 712-830-0074.