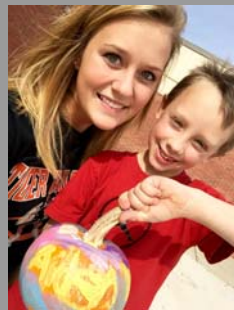
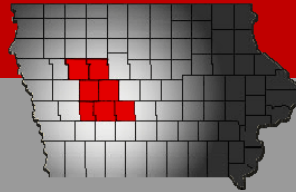


2014 Annual Report

October 1, 2013—September 30, 2014

Building stronger communities in Western Iowa one service at a time...



Mentoring



Summer Food Service



Dental Education



Story Book Garden



Bikes for Tikes



Early Head Start

New Opportunities, Inc., Letter from the CEO

Friends,

As another year comes to a close and yet another begins, I want to thank all of you who have helped New Opportunities, Inc. become what it is today. I want to specifically thank our valued public and private partners, whose service and support are invaluable in achieving positive outcomes. Positive and supportive stakeholders are true “blessings” with our ongoing difficult work that we provide on a daily basis.

New Opportunities, Inc. continues to offer a wide array of direct support and services to children, adolescents, adults, and elderly individuals as well as families to help them reach their highest potential in regard to their personal and economic self-sufficiency. Many of our families continue to struggle with all kinds of issues, yet a large percentage of them get through them and move forward. This support and service is delivered by knowledgeable and highly trained staff and volunteers. They have unending compassion.

As our vision states: **We are Helping People. Changing Lives!**

Respectfully,

Chad A Jensen, MA, LMSW, IADC

Chief Executive Officer

New Opportunities, Inc., What's New?

Results Oriented Management and Accountability (ROMA) Next Generation (NG)

National Standards governing CSBG have been in place since the mid 1990's. They are called ROMA, or Results Oriented Management and Accountability. Now, almost 20 years later, ROMA NG (Next Generation) is being developed to include a set of organizational standards that states are to put into place in 2016. According to Region VII's ROMA work group, this means that agencies will be “facing new indicators that will be reported nationally to demonstrate Community Action's impact.” This measure of accountability has standards for the Federal, State and local agencies.

What does that mean for New Opportunities? We will be reporting on CSBG funded activities based on the ROMA cycle, which is a continuous cycle of:

Assessment → Planning → Implementation → Achievement of Results and → Evaluation.

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Employees, Years of Service	20

New Opportunities, Inc., Volunteers

Volunteer Program	Volunteer Hours
Audubon County Family Development Center	421
Calhoun County Family Development Center	1,569
Carroll County Family Development Center	1,766
Dallas County Family Development Center	1,788
Greene County Family Development Center	611
Guthrie County Family Development Center	221
Head Start/Early Head Start	4,119
Mentoring	5,500
Sac County Family Development Center	711
2014 Total Volunteer Hours	16,706

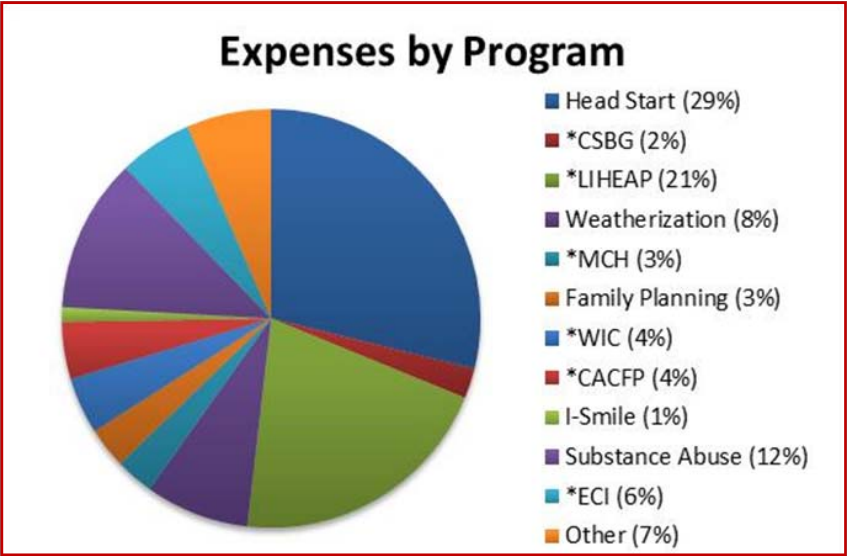
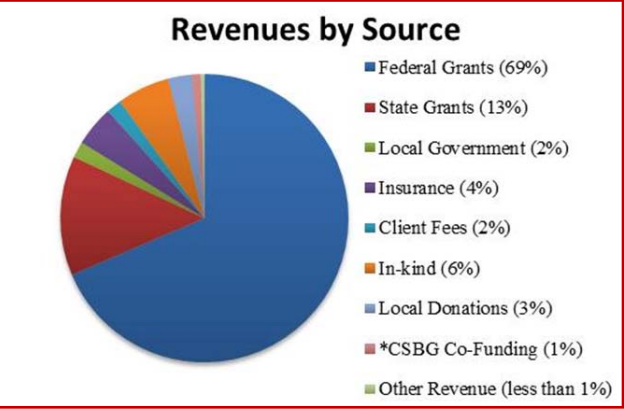


New Opportunities, Inc., Program Activity Fiscal Year 2014

Revenues by Source	
Federal Grants	\$ 6,285,138
State Grants	\$ 1,228,500
Local Government	\$ 166,278
Insurance	\$ 416,384
Client Fees	\$ 156,995
In-Kind	\$ 540,845
Local Donations	\$ 244,947
Other Revenue	\$ 35,443
CSBG Co-Funding	\$91,605
Total Revenue	\$ 9,166,135

Expenses by Program	
Head Start	\$ 2,613,221
Community Service Block Grant (CSBG)	\$ 210,604
Low-Income home Energy Assistance Program (LIHEAP)	\$ 1,868,707
Weatherization	\$ 728,463
Maternal Child Health (MCH)	\$ 266,770
Family Planning	\$ 285,113
Women, Infants & Children (WIC)	\$ 397,030
Child & Adult Care Food Program (CACFP)	\$ 396,608
I-Smile	\$ 103,602
Substance Abuse Treatment & Prevention	\$ 1,076,884
Early Childhood of Iowa (ECI)	\$ 515,523
Other	\$ 592,790
Total Expenses by Program	\$ 9,055,315

New Opportunities, Inc., Program Activity Fiscal Year 2014 continued



*CSBG—Community Service Block Grant, LIHEAP—Low Income Home Energy Assistance Program, MCH—Maternal Child Health, WIC—Women, Infants & Children, CACFP—Children and Adult Care Food Program, ECI—Early Childhood of Iowa

Net Program Asset at Beginning of the Year	\$ 197,386
Change in Program Net Assets	\$ 110,820
Net Program Assets at End of the Year	\$ 308,206

Reported by Sheri Mertz, Chief Financial Officer

New Opportunities, Inc., Community Service Block Grant

The Community Services Block Grant funding is the source of funds that defines us as a Community Action Agency. This Federal Funding comes to the 18 Community Action Agencies in Iowa through the Iowa Department of Human Rights, Division of Community Action.

New Opportunities uses these funds to support the Development Department in their grant and funding proposal writing efforts, technical assistance, marketing of agency programs and to co-fund programs that do not have sufficient funds available through their state and local grants. The Development Director also directs the two Elderly Chore Programs.

Grant Development:

The Development Department continues to apply for new grants and funding proposals that help new and current programs as well as new and existing projects. In FY 2014 New Health Programs applied for and received include the 1st Five Healthy Mental Development through the Iowa Department of Public Health and School-Based Dental Sealant programs through Delta Dental. Head Start funding was applied for and received through Dallas County Reach for the Stars for outdoor equipment at the Waukee and Perry playgrounds. Additional grants for the county Family Development Centers were applied for and received in FY14.

Marketing: A thirty minute New Opportunities video was developed hi-lighting each department to be played continuously on three new TVs in the Carroll offices to inform the public of the many services offered. In addition a new Substance Abuse Treatment brochure was designed and an article published in the Farm Bureau newspaper requesting donation of pork/beef for our food pantries. The Development Department also continues work with all departments to keep the website current, increase social media presence, update all Family Development Center brochures, and design and post monthly organizational newsletters hi-lighting current programs.

Programs co-funded in FY 2014 include: Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie and Sac County Family Development Centers, Audubon and Coon Rapids Summer Food Service, Carroll Community Gardens, Financial Literacy, Work Place Training and Health Programs.

Elderbridge Chore: Elderbridge Agency on Aging funding is available to individuals 60 years and older to assist with lawn mowing and/or snow removal. *Elderbridge Chore served 86 clients.*

Elderly Waiver Chore: Title XIX funding is available to income eligible elderly to assist with lawn mowing and snow removal. Eligibility is determined by the Department of Human Services. *Elderly Waiver Chore served 27 income eligible clients.*

Reported by Marla Janning, Development Director

New Opportunities, Inc., Health Services

Women, Infants & Children (WIC)

WIC is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to health care providers & community agencies.



WIC Individuals served by County					
Audubon	148	Calhoun	205	Carroll	625
Dallas	1,285	Greene	304	Guthrie	208
Sac	197	Total Individuals Served			2,972

Child & Adolescent Health Program

Services are provided in Audubon, Carroll, Dallas, Guthrie and Sac Counties for children and youth ages 0 to 22 years. Staff help families to access the following screening services for their children in:

history; physical examinations; vision and hearing screening; dental education and referral; health education; immunizations; developmental assessment; nutrition and psychosocial screening and laboratory tests including blood lead testing.

County	Dental	Informing & Care Coordination	Total per County	# Children	% Medical Home
Audubon	546	492	1,038	194	98%
Carroll	2,103	1,839	3,942	708	98.7%
Dallas	2,026	4,471	6,497	1,304	98.2%
Guthrie	868	744	1,612	325	98.2%
Sac	1,179	699	1,878	358	99.2%
Total	6,722	8,245	14,967	2,889	Goal: 95%

I-Smile is a Dental Home Initiative program that helps Iowa's children connect with dental services. The I-Smile dental home uses a team approach. The dental home team includes dentists who provide treatment and definitive evaluation. Other health professional such as dental hygienists, physicians, nurse practitioners, registered nurses, physician assistants, and dietitians are a part of a larger network and can provide oral screenings, education, anticipatory guidance, and preventive services as needed. The four I-Smile objectives include: improve the dental Medicaid program, recruit and retain dentists in underserved areas, incorporate dental clinics within rural hospitals and improve the dental support system for families.



New Opportunities, Inc., Health Services

School-Based Dental Sealant Program (*New this Year!) is an important and effective public health approach in promoting the oral health of children and adolescents. Eighty to ninety percent of dental decay in children ages 5–17 occurs in the pits and fissures of teeth, mostly on the chewing surfaces. Placing dental sealants on molar teeth significantly lowers the probability that decay in those teeth will occur. New Opportunities has partnered with the Iowa Department of Public Health to offer the School-based dental sealant program and have partnered with the following schools: Coon Rapids-Bayard, West Central Valley in Dexter, Schaller—Crestland in Schaller, East Sac in Sac City and East Sac in Wall Lake.

During the 2013–2014 school year 127 children were screened and 89 of the children received sealants for a total of 328 sealants placed.

1st Five (*New this Year!)



Iowa's 1st Five Healthy Mental Development Initiative builds partnerships between physician practices and public service providers to enhance high quality well-child care. 1st Five promotes the use of developmental tools that support healthy mental development for young children during the first five years. By using a tool for all children that includes social-emotional development and family risk factors, providers are able to identify children at risk for developmental concerns that, if left untreated, would play out later in life. 1st Five Clinics Participating include: Unity Point Pediatrics (Lake View), Unity Point Waukee Family Medicine, Unity Point Pediatrics (Waukee), Mercy (Adel) and Family & Specialty Medical Clinic (Carroll).

"You were very helpful and knowledgeable of the services to better assist this family. My experience working with you was wonderful."
- Amy Harland, PA-C Mercy Clinic—Panora

Through these five participating clinics, 70 referrals were made in 2014.

Childhood Lead Poisoning Prevention works to reduce the prevalence of childhood lead poisoning in Audubon, Carroll, Dallas, Guthrie and Sac Counties through the following activities: Testing to identify lead-poisoned children; Providing medical and environmental case management to children identified as lead-poisoned; Providing education and outreach regarding childhood lead poisoning in communities; Getting community leaders involved in childhood lead poisoning prevention; Managing blood lead testing and case management data.

County	# Tested (high follow-ups)
Audubon	67 (1)
Carroll	571 (0)
Dallas	603 (1)
Guthrie	78 (1)
Sac	102 (0)
Total	1,421 (3)

New Opportunities, Inc., Health Services

Child and Adult Care Food Program (CACFP) offers meal reimbursement to child development homes that are registered by the Iowa Department of Human Services (DHS) and have an Iowa CACFP Home Sponsor for serving meals & snacks that meet the CACFP requirements.

87 Providers served 669 children 268,888 meals & snacks in FY14 in Audubon, Carroll, Dallas, Guthrie & Sac.



Community Adolescent Pregnancy Prevention Program aims to promote healthy decision making by teens regarding relationships & social pressures. Delaying sexual activity, disease protection and communication with trusted adults are hallmark features of the program.

Number of students reached through direct programming: 1,336

Family Planning (FP) provides comprehensive education to help individuals make safe, informed decisions regarding their reproductive health. We provide services to male and female clients throughout their reproductive years.



FP Individuals served by County			
Audubon	23	Calhoun	9
Carroll	90	Dallas	33
Greene	9	Guthrie	3
Sac	10	Other	204
Total			381

Maternal Health Program provides enhanced services to pregnant and post-partum women in Audubon, Carroll, Dallas, Guthrie and Sac Counties. Health Education includes: importance of continued prenatal care, normal changes during pregnancy, maternal changes and fetal changes, self-care during pregnancy, relief for discomfort in pregnancy and warning signs to report to your doctor. In addition, Labor & Delivery includes: normal process of labor, signs of labor, coping skills, danger signs, and referrals to child birth classes.

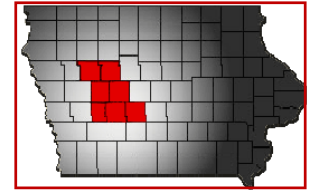


County	First Care Received		Medical Home	
	Total #	% of Total	Total #	% of Total
Audubon	32	93.75%	25	96%
Carroll	122	85.25%	82	90.24%
Dallas	279	83.51%	200	94.5%
Guthrie	62	87.10%	47	93.62%
Sac	49	91.84%	34	94.12%
Total	544	Goal: 93%	388	Goal: 85%

Reported by Paula Klocke, Health Services Director

New Opportunities, Inc., Family Development Centers

The New Opportunities, Inc. Family Development Centers serve income-eligible families, individuals, disabled and elderly residents in seven counties. Family Development Centers are located in Sac City, Rockwell City, Carroll, Jefferson, Perry, Guthrie Center and Audubon, serving the clients within the county in which they reside. The Family Development Center is the information, application and referral center for all of the programs offered by New Opportunities, Inc.



New Opportunities, Inc. Family Development Centers are unique in that they each offer programs specific to each counties needs.

The Family Development Center Coordinators assess a client's needs and caringly connect them with services, programs, and other agencies that can help them achieve self-sufficiency.

Food Assistance

The emergency food pantry is available in Audubon, Calhoun, Carroll, Dallas, Greene (intake only), Guthrie and Sac Counties to income eligible individuals, families, disabled and elderly throughout the year. New Opportunities is able to provide this service through food and monetary donations. An extra effort is made to provide holiday baskets at Thanksgiving and Christmas. All counties administer the Iowa SHARE program which offers low-cost food packages.

	Households Served	Individuals Served
Food Pantries	2,990	8,023
HUSH Venison (Help Us Stop Hunger)	555	1,379
Holiday Food Projects	772	2,089
Totals	4,317	11,491

Backpack Program (*New this Year!)

New Opportunities Audubon, Calhoun and Sac County Family Development Centers partnered with the Food Bank of Iowa to offer the Backpack Program to five schools. The Backpack Program provides a sack of child-friendly, easy to prepare foods to low-income children on weekends when they do not have access to the federal free and reduced-price meal program.

Audubon County: 285 sacks, Calhoun County: 260 sacks and Sac County: 210 sacks



Mobile Food Pantry (*New this Year!)

Dallas County partnered with the Food Bank of Iowa to offer Mobile Food Pantries.

524 households were served including 1,487 individuals.

New Opportunities, Inc., Family Development Centers

Gardens

The Carroll Community Gardens had over 100 plots rented this past season and the Storybook Gardens (***New this Year!**) was successful in partnering with Hy-Vee and educating the Head Start children in Carroll on how to plant a seed, how a plant grows and how to harvest their own vegetables!



Summer Food Service Program

New Opportunities Audubon and Carroll County Family Development Centers partnered with the Iowa Department of Education to provide nutritious meals and snacks to children in low-income areas during the summer months when federal free and reduced-price meals are not available.

Audubon County (Audubon): 362 lunches and 138 snacks

*Carroll County (Coon Rapids, in partnership with Coon Rapids-Bayard School): 560 lunches and 462 snacks (*New this Year!)*



Low-Income Home Energy Assistance Program (LIHEAP)

New Opportunities, Inc. provides assistance with heating costs to low-income families in seven counties—Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie, and Sac. The Family Development Centers in each county take heat assistance applications from October 1st to April 30th.

During the 2013–2014 heating season, New Opportunities, Inc. provided heat assistance for 3,497 households, with awards routed directly to the utility vendor. A total of \$1,540,901 was awarded.

2013–2014 LIHEAP Applications			
County	Approved	Denied	Total Taken
Audubon	230	9	239
Calhoun	434	11	445
Carroll	624	26	650
Dallas	955	63	1,018
Greene	534	10	544
Guthrie	351	18	369
Sac	369	9	378
Total	3497	146	3643

New Opportunities, Inc., Family Development Centers Continued

Energy Crisis Intervention Program (ECIP)

During the past 12 months, 354 households have been given crisis assistance, mainly for utilities and rent—a total of approximately \$80,428 of assistance.

Energy Crisis Intervention Program (ECIP)		
Action	Households served	Assistance
Furnace Repair	11	\$8,603
Furnace Replacement	8	\$19,355

Back To School Program

The Back-to-School program allows underprivileged children to have the supplies they need to begin and be excited about a new school year. Donations and distribution are completely local.

Christmas Toy Program

During the Christmas Season, the Family Development Centers prepared and distributed toy packages to low-income children in the seven counties to make the holidays a little brighter for families with children.

County	# of Children served	
	Back to School	Christmas Toys
Audubon	69	174
Calhoun	87	203
Carroll	150	352
Dallas	179	551
Greene	245 intake only	280
Guthrie	13	162
Sac	42	214
Total	785	1,936

Holiday Projects

During the Holidays, the Family Development Centers collect and distribute cold weather accessories such as coats, gloves and hats as well as hygiene products. These donations are distributed to low-income families and individuals in Calhoun, Carroll, Dallas, Guthrie and Sac Counties. *396 households were served including 1,506 individuals.*

(*New this Year!)

The Development Department and Family Development Centers worked together to secure additional funding in FY14: The Back to School Drive in Perry received grants from St. Martin Outreach and Shopko; The Back to School Drive in Audubon received a grant from Shopko; The new Backpack program in Sac County and the new Summer Food Service Program in Coon Rapids received funding from Community partnership for Protecting Children; The Backpack program in Calhoun County received funding from the Calhoun County Community Foundation and Dallas County Family Development Center received a grant from the Bock Foundation to build new secure shelving for clothing donations.

Reported by Mary Greving, LIHEAP Coordinator & Family Development Center (FDC) Supervisor

New Opportunities, Inc., Weatherization

The weatherization department works with low income families to reduce energy costs by improving the efficiency of their homes at no cost to the family.

Energy saving measures may include:

- * Insulating attic and sidewalls
- * Air sealing
- * Minor repairs (i.e. door repairs)
- * Health and Safety measures
- * Furnace and water heater replacements (if needed)

To ensure the health and safety of our clients, in 2014, New Opportunities Energy Auditors installed 59 Carbon Monoxide Detectors and 62 Smoke Alarms.

New Opportunities Weatherization Department works with families in Audubon, Calhoun, Carroll, Crawford, Dallas, Greene, Guthrie and Sac Counties.

Low Income Families qualify for weatherization if they qualify for LIHEAP (Heat Assistance), receive SSI (regardless of income) or are at or below 200% of poverty. *Note: a family may qualify for weatherization even if they are over income for LIHEAP.

Unfortunately, a qualifying application does not guarantee weatherization services will be provided. Data received from a previous year LIHEAP or weatherization application is used to determine a families priority within the county they reside. The State of Iowa requires Weatherization programs to follow the priority list for each county and serve the highest priority number first. Therefore, a family may qualify for weatherization but may not receive services because of their position on the priority list.

From October 1st, 2013 to September 30th, 2014 the weatherization department:

- ⇒ weatherized **62** homes in its 8 county service area;
- ⇒ Replaced **29** furnaces;
- ⇒ Replaced **5** refrigerators;
- ⇒ Replaced **31** water heaters;
- ⇒ Installed **9,600** sq. ft. of insulation (fiberglass) in crawl spaces, kneewalls & bandjoists;
*(just to give you an idea of how much insulation this is...
9,600 sq. ft. = 1.8 miles of a foot wide strip)*
- ⇒ Blew **83,934** lbs. of cellulose in attics and sidewalls
*(just to give you an idea of how much cellulose this is....
83,934 lbs of cellulose would cover an entire football field, 1 ft deep)*

In 2012, the average Annual Energy Savings on a Weatherized Home was \$377!

Reported by Corey Eischeid, Energy Director



New Opportunities, Inc., Head Start (HS) and Early Head Start (EHS)

Head Start offers Preschool Classes for 3 & 4 year old children serving Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie, and Sac Counties.

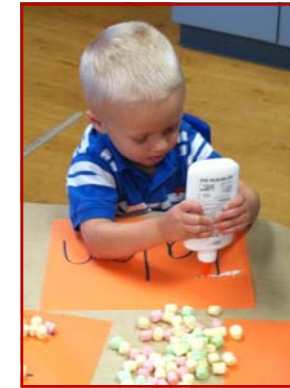
Early Head Start, a Head Start Home Based Program serves income eligible Pregnant Mothers and children birth to Age 3 in Carroll, Dallas, Greene and Guthrie Counties.

2014 Head Start Enrollment: 231

2014 Early Head Start Enrollment: 36

2014 Head Start School District Partnerships:

- Audubon
- Carroll (2 sessions)
- Coon Rapids
- Jefferson (2 sessions)
- Panora (2 classrooms)
- Lake City
- Rockwell City
- Perry (3 classrooms)
- Waukee (2 sessions)
- Schaller (2 classrooms)
- Sac



Under age 1	22
1-year-olds	15
2-year-olds	11
3-year-olds	0
Pregnant Women	7
Total Served	55



Father Involvement

Head Start and Early Head Start have organized, regularly scheduled activities designed to involve fathers/father figures. Number of enrolled children whose fathers/father figures participated in these activities:

Head Start: 209 Early Head Start: 7

New Opportunities, Inc., Head Start (HS) and Early Head Start (EHS)

Connecting Families to Services

An important part of Head Start (HS)/Early Head Start (EHS) is providing or connecting families to services that will encourage self-sufficiency.

	HS	EHS
Emergency/Crisis Intervention	71	15
Housing Assistance	65	18
Mental Health	12	2
English as a Second Language	0	3
Adult Education	15	3
Job Training	2	8
Substance Abuse Prevention /Treatment	8	3
Child Abuse Neglect	7	1
Domestic Violence	2	0
Child Support Assistance	0	1
Health Education	182	42
Assistance to Families of Incarcerated Individuals	0	1
Parenting Education	211	42
Marriage Education	104	7
At Least one of the Above	235	42

Volunteers

Number of persons providing any volunteer services to our program since last year's Program Information Report was reported.

Head Start: 141

Early Head Start: 63

Indicators of Success

Children with Health Insurance

Head Start: 100% Early Head Start: 98%

Children with continuous accessible healthcare

Head Start: 100% Early Head Start: 100%

Children with up to date immunizations

Head Start: 100% Early Head Start: 92%

Fluoride Varnish Application completed

Head Start: 536 Early Head Start: 32

Children referred to AEA

Head Start: 12 Early Head Start: 1

Received services: 9 Received services: 0

Children receiving AEA service prior to enrollment:

Head Start: 31 Early Head Start: 5

Children on *IEP's Children on *IFSP's

Head Start: 40 Early Head Start: 6

*IEP: Individual Education Plan

*IFSP: Individual Family Service Plan

Completed Physicals

Head Start: 100% Early Head Start: 98%

Completed Professional Dental Exams

Head Start: 89% Early Head Start: 76%



Reported by Tonya Weber, Director of Head Start and Early Head Start
September 1, 2013—August 31, 2014 Early Head Start & 2013—2014 School Year—Head Start

New Opportunities, Inc., Prevention & Mentoring

Comprehensive Prevention

Our comprehensive prevention grant allows us to work within many different areas in our communities. The main goal of the grant is to provide education. New Opportunities offers three educational curriculum programs including LifeSkills, Drug Free Workplace Training and Juvenile Alcohol & Drug Education:

LifeSkills is a research based program for fourth and seventh grade students. This program seeks to influence good choices and resist being pressured into tobacco, alcohol and drugs. All schools and grades served in our area participated in a pre and post test measure which indicated participants maintained or increased their perception of risk/harm of Marijuana (89.7%), Alcohol (89.1%), and Tobacco (92.6%) at the conclusion of the programming.

Drug Free Workplace Training works with local businesses to provide workplace education on alcohol and drugs. This training includes educating supervisors on the signs and symptoms of use/misuse of alcohol, marijuana, methamphetamine, inhalants and prescriptions. Supervisors learn leadership roles, how to document performance issues, how to identify troubled employees and how to address those concerns. Workplace Trainings are offered in the following five counties: Audubon, Carroll, Greene, Guthrie and Sac. In the last year, of the nearly 350 participants 96.4% indicated an increase in knowledge in their annual refresher course.

Juvenile Alcohol & Drug Education (JADE) is a program used for youth ages 12 to 20 to gently but powerfully challenge common beliefs and attitudes that directly contribute to high-risk alcohol and drug use.

Tobacco Prevention

New Opportunities, Inc. is also the recipient of the state Tobacco Use Prevention and Control grant. This grant allows us to work heavily within communities to assist in policy change for clean air. Staff members participate in Coalitions in Audubon, Carroll, Greene, Guthrie and Sac Counties. Each coalition is comprised of community members who work together to improve the health of their communities by reducing tobacco use and exposure to second and third-hand smoke. Students in Audubon, Carroll, Greene, Guthrie, and Sac counties are provided opportunities to be involved in tobacco prevention education.



Strategic Prevention Framework— State Incentive Grant (SPF-SIG)

SPF-SIG is a five year grant funded by the Substance Abuse and Mental Health Services

New Opportunities, Inc., Prevention & Mentoring

Administration (SAMHSA) and Center for Substance Abuse Prevention (CSAP) to meet the following goals: reduce underage alcohol use (under age 21) and reduce adult binge drinking (18 and over). The SPF-SIG funds 23 Iowa counties, including Audubon and Sac counties, and was received as an amendment and additional funding as part of the Comprehensive Prevention grant. The SPF process is known to support positive youth development, reduce risk-taking behaviors, build on assets and prevent problem behaviors. This grant received a 7 month no cost extension and will conclude January 30, 2015.

Youth Mentoring

Mentors' investment of time results in trusting relationships that allow mentees to safely grow socially and emotionally, resulting in more confident, productive, and caring youth. Mentors in the community based program are asked to donate two hours every two weeks and the school programs meet one class period per week. New Opportunities' mentoring programs are fully certified through 2015 by the Iowa Mentoring Partnership.

Number of matches by county program:
Audubon 10 matches, Carroll 44 matches,
Sac 90 matches



Other Services

Prime For Life

Prime For Life is a DOT Approved 12 Hour-OWI Course offered in Carroll County that served 117 participants this past year.

Pre-employment, Random & Reasonable Suspicion Drug Testing in Workplace

Pre-employment drug tests administered: 112 Collection site distribution: 523

Random, Reasonable Suspicion drug tests administered: 259

Financial Literacy

Financial Literacy Counseling offers adults and children the opportunity to learn to build financial security. Financial Literacy is offered at no cost to families throughout New Opportunities seven county service area. Adults and children learn how to reduce debt, build savings, restore credit, create a budget, develop a plan to accomplish financial stability and practice wise shopping.

Financial Literacy served 82 households/239 individuals.

Reported by Christy Jenkins, Prevention Director

New Opportunities, Inc., Substance Abuse Treatment Services

New Opportunities, Inc. Behavioral Health Department offers counseling, assessment and referral service for adults and adolescents experiencing problems in their life due to substance abuse or addiction. Counseling is available on an individual basis or group basis and is also available for family members and/or friends. All services are provided by professionally trained and certified staff in a confidential setting. We currently serve counties: Carroll, Sac, Audubon, Guthrie and Greene.

Available Outpatient Services

- **Assessment and evaluation:** New Opportunities, Inc. provides a comprehensive evaluation service that includes use of two diagnostic testing instruments, collateral information, counselor/client interview, and drug/alcohol testing.
- **State required OWI evaluation:** New Opportunities, Inc. provides a comprehensive evaluation that includes use of two testing instruments, collateral information, counselor/client interview, and drug/alcohol testing. We provide all documentation mandated by the State regarding OWI evaluations.
- **Outpatient Treatment Counseling (Individual or Group settings):** Outpatient treatment counseling provides education and treatment for clients. This service addresses life style, attitudinal and behavioral issues, which undermine the individual's ability to cope without the use of alcohol or other drugs.
 - *Intensive Outpatient Program (Level 2.1) 9 or more hours per week*
Structured group environment offering peer involvement. Provides education and treatment while clients apply and practice new skills.
 - *Extended Outpatient Program (Level 1) 1 to 8 hours per week*
Provided in regularly scheduled group and individual counseling sessions. Provides education and treatment while clients apply and practice new skills.
 - *Continuing Care (Level 1) minimum of 1 hour per month*
Group and individual services provide ongoing support and preparation for discharge following completion of extensive treatment.
- **Referral services:** New Opportunities, Inc. will assist in the referral process needed for inpatient/residential admission. We also take pride in assessing the client's needs in other areas and will make appropriate referral to other agencies for such needs as: mental health, financial counseling, pre-natal health, child care, employment, etc.
- **Intervention:** Our staff can assist in preparing family members or concerned persons in the intervention process that helps the alcoholic/addict seek treatment services. We can also help in referral for civil commitments.
- **Family and concerned person counseling:** New Opportunities, Inc. will involve all family or concerned persons in the treatment process. We provide educational services and

New Opportunities, Inc., Substance Abuse Treatment Services

counseling sessions to assist in the recovery process for the alcoholic/addict and the family/friends.

- **Drug screening/alcohol testing:** New Opportunities, Inc. provides urine drug screenings and alcohol testing. We have on site testing which allows for quick results. We use a 6-panel drug screen and the Alco-Sensor for alcohol testing. We utilize Alere Laboratories for all confirmations of drug screens.

County/Office Hours	Services Available	Clients Served
Audubon County Tuesday, 8:30—4:30 pm	Extended Outpatient (Level I) Continuing Care (Level I)	35
Carroll County Monday—Friday, 8:30—4:30pm	Intensive Outpatient (Level 2.1) Extended Outpatient (Level I) Continuing Care (Level I)	344
Greene County Tuesday/Wednesday/Thursday, 8:30—4:30pm	Intensive Outpatient (Level 2.1) Extended Outpatient (Level I) Continuing Care (Level I)	86
Guthrie County Monday/Wednesday/Thursday, 8:30—4:30pm	Intensive Outpatient (Level 2.1) Extended Outpatient (Level I) Continuing Care (Level I)	69
Sac County Monday/Wednesday, 8:30—4:30pm	Extended Outpatient (Level I) Continuing Care (Level I)	65
Total Clients served in 2014		569

*Of the 569 clients served, payment sources include: 319 Iowa Department of Public Health (IDPH), 165 Title 19, 14 Insurance and 181 Other. **Note, a client may have been seen at more than one location. ***Referrals: Juvenile Court Services, Department of Correctional Services, Mental Health Agencies, Hospitals, Lawyers, Families/Friends, Residential facilities and Employers.

Access to Recovery (ATR) is a three year grant funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment. ATR is a presidential initiative which provides vouchers to clients for the purchase of recovery support services.

Iowa Recovery Health Information Technology (IRHIT) (*New this Year!) is a three year grant through the Iowa Department of Public Health from SAMHSA to improve accessibility to substance abuse treatment services for rural Iowans. 14 agencies are participating in Iowa.

Reported by Marie Sharon, Clinical Director of Behavioral Health

New Opportunities, Inc. 2014 Employees, Years of Service

41 + years

Marla Janning
Janet Brincks

31—40 years

Jane Heithoff
Joyce Meiners
Kay Skalla
Carla Bernholtz
Nancy Gross
Deb Mathany

21—30 years

Cynthia Fitzpatrick
Rebecca Freeman
Kathryn Kliegl
Joan Hoffman
Helen Reis
Cheryl Heman

16—20 years

Jill Wanninger
Paula Klocke
Pam Stanzyk
Christina Schalk
Sandra Day
Marlen Juarez

11—15 years

Jennifer Wallace

Carla Morrow
Teresa Gelhaus
Marie Sharon
Lisa Hansen
Chad Jensen
Beth Liechti
Shari Bieret
Kelly Warthan
Vicki Steffes

6—10 years

Mary Greving
Stephanie Mohr
Jenny Sorensen
Mirna Hernandez
Karen Malen
Kristin Morgan
Mary Janssen
Carol Bayer
Christine Lee
Jayne Wilhelm
Corey Eischeid
Melanie Girard
Wilma Antle
Tracy Beer
Paulette Hoffmann
Donna Badding-
Fleener

Magen Fineran
Keith Brincks
Julie Williams
Jaime Tigges
5 years & under
Sheri Mertz
Antoinette King
Ashley Owen
Cecilia Castellanos
Christy Anthofer

Tonya Weber
Heidi Billmeier
Amy Hunziker
Kelli Jensen
Brenda Densmore
Teresa Lansman
Melinda Gatton
Christy Jenkins
Nicole Vogel
Rosemary Perez
Dianne Barry
Kashia Cooklin
Regina Angandja
Margaret Dohrer
Albina Tigges
Brandi Valdez
Michelle Glick

Janet Nelson
Carina Ramirez
Tiffany Steensen
Karen Ventura
RoxAnna Smith
Jenny Garvis
Ashleigh Weiderin
Cody Auen
Amanda Handley
Kegan Luczycki
Jeff Cullen
Teresa Cullen
Brandi Perry
Lori Poland
Vickie Burns
Teresa Taylor
Thea Guest
Kamela Kinnick
Amanda Grade
Whitney Danielson
Alisa Kolars
April Koller
Lori Applegate
Jennifer DeSoto



**Thank You New Opportunities staff for all of your
hard work and dedication over the past year.**

Reported by Carla Morrow, Human Resources Director