# Iowa Community Action Agency

New Opportunities is one of 16 Community Action Agencies serving the state of Iowa. Iowa's Community Action Agencies are locally-based private, non-profit organizations that network with a wide-array of local organizations to enhance the opportunities for low-income Iowans (children and families) to meet basic needs and develop their own capacity to do so.



Rhonda is the Guthrie County Outreach Center Coordinator. New Opportunities is committed to helping low-income Iowans change their lives by breaking the cycle of

poverty and removing the barriers to achieve self-sufficiency.

# Making a Difference....

A single mom, a front line essential worker, with 3 children was struggling to pay her monthly bills. By signing up for our Financial Literacy Program, our coordinator helped her create a budget, and help her keep on track with saving every month. Our coordinator was also able to help get her electric bill caught up, provide her a food pantry, and with an energy efficient portable A/C unit for her son with severe asthma. Our coordinator also connected the woman with other local resources including local food pantries.

# Other Services offered through New Opportunities

- Head Start Preschool
- Substance Use & Problem Gambling Prevention & Treatment
- Tobacco Use Prevention & Control
- Youth Mentoring
- Weatherization
- Child & Adult Care Food Program
- ♦ Love and Logic ®
- ♦ Workplace Training/Drug Testing
- Health Services
  - ♦ Women, Infants & Children (WIC)
  - Healthy Pregnancy Program
  - **♦** Adolescent Pregnancy Prevention
  - ♦ 1st Five



This institution is an equal opportunity provider.

Updated 1/23



# **Guthrie County Outreach Center**



#### **Visit or Contact Us At:**

400 State Street
PO Box 22
Guthrie Center, IA 50115
Phone: 641-747-3845 Ext. 6000

Fax: 641-747-3269

#### **Hours:**

Monday—Friday, 9am—3pm Closed on all Federal Holidays

## Website:

#### www.newopp.org

New Opportunities, Inc., a Guthrie County partner serving families, individuals, aging adults & disabled residents.

## **Programs/Services Offered:**

#### Food Pantry



**LIHEAP**— Low Income

Home Energy Assistance Program

Apply online: https://app.liheapia.net/

LIHWAP—Low Income Household Water

Assistance Program

**Utility Crisis Assistance Weatherization** 

### Clothing

**Disaster Assistance** (activated if county is declared a disaster county by the State)

Financial Literacy Counseling & Education

**FaDSS**– Family Development and Self-Sufficiency

Back to School Supplies Christmas Toys Thanksgiving Food Baskets



### **Support our Programs:**

Please consider supporting our program(s) through contributing:

- Clothing
- Household items
- Monetary donations

## **Volunteer Opportunities**

- Back To School Supplies (June—August)
- Christmas Toys (November—December)
- Holiday Food Baskets (November—December)
- Office Administration (Year Round)
- Advocacy

#### To Volunteer:

to promote goodness or improve human quality of life.... In return, this activity can produce a feeling of self-worth and respect. There is no financial gain involved for the individual. Volunteering is also renowned for skill development, socialization, and fun.

Please contact the Outreach Center Coordinator on how you can help.

Thank you to all of our volunteers!

For more information
Visit our website
www.newopp.org and



New Opportunities Guthrie County
Outreach Center

#### **LIHEAP**

The 2022—2023 Low-Income Home Energy Assistance Program (LIHEAP) has been established to help qualifying low-income Iowa homeowners and renters pay for a portion of their primary heating costs for the winter heating season. The assistance is based on household income, household size, type of fuel, and type of housing.

INCOME MAXIMUMS—FY23	
Household	LIHEAP Annual
	200% POV
<u>Size</u>	Gross Income
1	\$27,180
2	\$36,620
3	\$46,060
4	\$55,500
5	\$64,940
6	\$74,380
7	\$83,820
8	\$93,260
For households with more than eight members,	
add \$9,440 for each additional member.	

add \$9,440 for each additional member.

Thank you for partnering with us to make a difference in the lives of the families we serve!