# ALTERNATIVE ACTIVITIES DIRECTORY

LISTINGS FOR AUDUBON, CARROLL, GUTHRIE, GREENE & SAC COUNTIES



JUNE 2021

DEVELOPED BY PREVENTION SUPERVISOR NANCY ROWEDDER



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#### Introduction

Alternative activities provide opportunities for target populations to participate in activities that exclude alcohol and other drugs. The purpose is to discourage use of alcohol and other drugs by providing alternative, healthy activities.

This directory has been developed as a result of New Opportunities Prevention Department's work in conjunction with the Iowa Department of Public Health's Integrated Provider Network Grant.

New Opportunities Prevention Department consulted with area Human Service Coalitions and available resources to compile this directory. If we have missed any activities please let us know so we can have the most accurate listings possible. We look to provide at minimum annual updates to this directory and will rely upon our community partners to assist in providing updated information on activities and points of contact.

Please contact New Opportunities Prevention Department with any new/updated information or if you would like information/resources in developing or strengthening healthy activities for youth.

Christy Jenkins, LMHC, CPS Behavioral Health Director cjenkins@newopp.org 712-792-9266 x1000

#### AUDUBON COUNTY

| <u>4-H</u> 712-563-4239  |
|--|
| Ann Carter   |
| A Youth Development Program that provides opportunities for youth to develop skills that they can use now and throughout their lives. 4-H builds on a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities. |
| ISU Extension Office   |
| 608 Market St., Audubon, IA  |
| Holds various clinics for all ages year around.  |
| <u>Exira Rec Center</u> 712-268-2885   |
| 106 N Jefferson St., Exira, IA   |
| Audubon Rec Center   |
| Activities and various programs available for all age groups. Bowling and restaurant on site.  |
|  |
| <u>FFA</u>   |
| Audubon High School 712-563-2607   |
| Exira-EHK High School 712-764-4606   |

Future Farmers of America- FFA is an intra-curricular student organization for those interested in agriculture and leadership. **FFA** is a dynamic youth organization that changes lives and prepares members for premier leadership, personal growth and career success through agricultural education.

#### **Summer Reading Programs**

Audubon Public Library, 712-563-3301 Exira Public Library, 712-268-5489

Kimballton Public Library, 712-773-3002

Libraries also hold many activities year round for all ages.

Audubon Golf and Country Club......712-588-1038 520 South Division Street, Audubon, IA <u>Audubon County Conservation Club</u>......712-268-2762 2592 US-71, Exira, IA www.auduboncountyia.gov includes listing of area parks tractor pull, Farmers' Market, and Pie Contest. Audubon Thursday Nights Downtown Enjoy Thursday Nights Downtown in Audubon this summer! Retail stores will be open until 7PM, Farmer's Market, Music in the Park, Scoop the Loop at 6PM and so much more! Audubon Music in the Park Enjoy music in the park Thursday evenings in June and July at 7pm. Audubon County Fair ...... July 14-18, 2021 400 N Division St. W., Audubon, IA Various events for all ages at the county fair! Figure 8 Races, Inflatable attractions Mutton Bustin and IRCA Sanctioned Rodeo. Live music, tractor drive and antique LEO Group..... Lisa Dreier Idreier@exira-ehk.k12.ia.us Community Based Mentoring- Mentoring a child through the Fun Friends Mentoring Program is fun and rewarding for children and adults. Mentoring creates a special bond and can help build self-esteem, develop strong values, and provide a fund, nurturing environment. And you can do that in as little as 4 hours per month! Church Youth Groups..... check with individual churches Youth Groups and Vacation Bible School https://iowa.hometownlocator.com/features/

#### CARROLL COUNTY

4-H......712-792-2364 Kelsey Wiese klwiese@iastate.edu A Youth Development Program that provides opportunities for youth to develop skills that they can use now and throughout their lives. 4-H builds on a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities. <u>FFA</u>..... Carroll High School 712-792-8010 Kuemper High School 712-792-3596 Coon Rapids-Bayard High School 712-999-2208 Glidden Ralston FFA 712-659-3411 Future Farmers of America- FFA is an intra-curricular student organization for those interested in agriculture and leadership. FFA is a dynamic youth organization that changes lives and prepares members for premier leadership, personal growth and career success through agricultural education. <u>ISU Extension Office</u>......712-792-2364 1205 West US Hwy 30 Ste G., Carroll, IA Holds various clinics for all ages year around. Carroll Rec Center......712-792-5400 Year round sporting events and activities for kids/adolescents. Indoor pool. 702 6<sup>th</sup> St., Manning, IA Year around sporting events and activities for all ages. Indoor pool and outdoor splash pad. 

| <u>Cross Fit Carroll</u>                                |
|---|
| 516 N. Adams St., Carroll, IA                           |
| Platinum Fitness  |
| 833 Griffith Rd., Carroll, IA                           |
| Breda Swimming Pool712-673-2581                         |
| 206 Park St. Breda., IA                                 |
|   |
|   |
| Carroll Aquatic Center712-775-2235                      |
| 600 E 11 <sup>th</sup> St. Carroll, IA                  |
| Coon Rapids Aquatic Center712-999-7946                  |
| 925 North St., Coon Rapids, IA                          |
| Glidden Aquatic Center                                  |
| 704 Arizona St., Glidden, IA                            |
| Breda Golf Course712-673-4653                           |
| 16323 120 <sup>th</sup> St., Breda, IA                  |
| Carroll Municipal Golf Course 712-792-9190              |
| 2266 N West St., Carroll, IA                            |
| Carroll Country Club 712-792-9206                       |
| 20069 Olympic Ave., Carroll, IA                         |
| Coon Rapids Golf Course 712-999-2880                    |
| 731 S. 5 <sup>th</sup> St., Coon Rapids, IA             |
| Manning Manilla Golf Course 712-653-3515                |
| 3535 IA-141, Manning, IA 51455                          |
| 740 700 5400  |
| Summer Camps  |
|   |
| Art in the Park  Facebook page- Art in the Park Carroll |
| There is no cost to this event.                         |

| Bowling   |
|---|
| Carroll Bowl712-792-9332  |
| 23688 US-30, Carroll, IA  |
| Leagues held during the school year for kids.   |
| Coon Bowl   |
| 223 S. 6 <sup>th</sup> Ave., Coon Rapids, IA  |
| <u>L &amp; M Bowl</u>   |
| 825 5 <sup>th</sup> St. Manning, IA   |
| <u>712 Club</u> 712-792-0852  |
| Megan Fineran   |
| The 712 is a group for the middle and high schoolers in the Carroll-area. Our desire is to grow in Christ, share Him with our friends and have fun! The group meets Friday nights from 7pm-12am. Many fun activities are available on site! |
| Church Youth Groups   |
| check with individual churches  |
| Youth Groups and Vacation Bible School  |
| https://iowa.hometownlocator.com/features/cultural,class,church,scfips,19027.cfm  |
| Cub Scouts and Boy Scouts 402-431-9272  |
| Non- profit Organization  |
|   |
| <u>Carroll Public Library Teen Advisory Group</u> 712-792-3432 or Facebook Library Page   |

Teen Advisory meets and helps to make decisions for the library. There is a middle school group. Various year round programs for all ages.

#### **Summer Reading Programs**

Carroll Public Library, 712-792-3432 Coon Rapids Public Library, 712-999-5410 Glidden Public Library, 712-659-3781 Manning Public Library, 712-655-2260

Libraries also hold many activities year round for all ages.

Carroll County Conservation Board

22676 Swan Lake Trail Drive, Carroll, IA

Various camps for youth throughout the year. Campground, cabin rental, disc golf, playground equipment, fishing, Sauk Rail Trail, biking, walking, running, canoeing, kayaking and paddle boats.

Whiterock Conservancy......712-790-8221

1436 IA - 141 Coon Rapids, IA

Hiking, running, horseback riding, mountain biking, canoeing & Kayaking, fishing, stargazing, and UTV rental. Campgrounds and picnic areas.

Various events for all ages at the county fair! 4-H and FFA Exhibits, Tractor Pulls, Bull Riding/Barrel Racing. Carnival and Live Music

#### GREENE COUNTY

The Web House..... 515-386-4411 Jim North The Web House is located in Jefferson lowa. It is a safe place for youth to hang out on Friday and Saturday nights. There are many activities and food is served. 4-H......515-386-2138 Kayla Willms A Youth Development Program that provides opportunities for youth to develop skills that they can use now and throughout their lives. 4-H builds on a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities. FFA......515-386-4168 Greene County High School Future Farmers of America- FFA is an intra-curricular student organization for those interested in agriculture and leadership. FFA is a dynamic youth organization that changes lives and prepares members for premier leadership, personal growth and career success through agricultural education. Greene County Community Center......515-386-3412 Recharge on Wednesday-an after school program on days that school has early dismissal. Also other year round programing for all ages. Summer Reading Programs..... Jefferson Public Library, 515-386-2835 Paton Library, 515-968-4559 Churdan Public Library, 515-389-3423

H.F. Maude E Marchant Memorial Library, 712-652-3453 Rippey Public Library, 515-436-7714 Libraries also hold many activities year round for all ages.

Central Christian Church......515-386-4315

Sheldon Henderson

Various after school programing for kids of all ages.

Methodist Church......515--386-4411

Julie Paulson

Various after school programing for kids of all ages.

Youth Groups.....

check with individual churches

Youth Groups and Vacation Bible School

https://iowa.hometownlocator.com/features/cultural,class,church,scfips,19073.cfm

Mentoring......712-792-9266

Community Based Mentoring- Mentoring a child through the Fun Friends Mentoring Program is fun and rewarding for children and adults. Mentoring creates a special bond and can help build self-esteem, develop strong values, and provide a fund, nurturing environment. And you can do that in as little as 4 hours per month!

| <u>Deal's Orchard</u> 515-386-8279  |
|---|
| 1102 244th St., Jefferson, IA   |
| Various seasonal activities   |
| Greene County Farmer's Market   |
| On the Courthouse Square  |
| Downtown Jefferson every Tuesday June thru September, 4pm-6pm   |
| GCRarmersMarket.37@gmail.com  |
| <u>Greene County Conservation</u> Parks, trails, wild-<br>life management areas, river accesses, and Raccoon<br>River Valley Trail          |
| Mycountyparks.com/County/Greene.aspx  |
|   |
| Whiterock Conservancy712-790-8221   |
| 1436 IA-141 Coon Rapids, IA   |
| Hiking, running, horseback riding, mountain biking, canoeing & Kayaking, fishing, stargazing, and UTV rental. Campgrounds and picnic areas. |
| Croops County Historical Society  |
| Greene County Historical Society Sierra Community Theatre515-386-3176   |
| 212 E State St., Jefferson, IA  |
| Movies nightly & weekend matinees for a cost  |
| Movies highly & weekend mathrees for a cost   |
| Jefferson Municipal Swimming Pool515-386-9171   |
| 701 S Maple, Jefferson, IA  |
| •   |
| Grand Junction Municipal Swimming Pool515-738-2195  |
| 701 S 10 <sup>th</sup> Street, Grand Junction Iowa  |
|   |
| <u>Jefferson Community Golf Course</u> 515-386-4178   |
| 501 W Greenewood Rd, Jefferson, IA 50129  |

| Lakeside Golf Club515-738-2403                               |
|--|
| 1949 220 <sup>th</sup> Street, Grand Junction, IA 50107      |
| 118A Chestnut, Jefferson, IA                                 |
|  |
| Hill Golf Course515-738-2633                                 |
| 1949 220 <sup>th</sup> Street, Grand Junction, IA 50107      |
| Spare Time Lanes Bowling515-386-9119                         |
| 118A Chestnut, Jefferson, IA                                 |
| Mahanay Memorial Carillon Tower515-386-2155                  |
| (Open Memorial Day to Labor Day times vary, there is a cost) |
| Greene County Fair 515-386-4317                              |
| July 6 – July 12, 2021                                       |
| 601 East Lincoln Way, Jefferson, IA                          |

## GUTHRIE COUNTY

| <u>Camps</u>   |
|--|
| ACGC High School 641-332-2236  |
| ACGC Middle School 641-742-3661  |
| Panorama Schools 641-755-4144  |
| Football, Volleyball, Basketball, Speed and Agility camps  |
|  |
| Springbrook Wildlife Camp319-335-9294  |
| Jeanette Luke  |
| ISU Extension Day Camps641-747-2276  |
| Mollie Clark   |
| 212 State St., Guthrie Center, IA  |
| Holds various clinics for all ages year around.  |
| <u>4-H</u> 641-747-2276  |
| Mollie Clark   |
| A Youth Development Program that provides opportunities for youth to develop skills that they can use now and throughout their lives. 4-H builds on a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities.     |
| <u>FFA</u>   |
| ACGC Schools 641-332-2236  |
| Panorama Schools 641-755-2317  |
| Future Farmers of America- FFA is an intra-curricular student organization for those interested in agriculture and leadership. <b>FFA</b> is a dynamic youth organization that changes lives and prepares members for premier leadership, personal growth and career success through agricultural education. |
| Chuck Wagon Days 5K Run/Walk 641-742-3751 City of Adair  |

| <u>Stuart Bowl</u>                         |
|--|
| 419 Front St., Stuart, IA                  |
| <u>IncrediBowl</u> 641-332-2352            |
| 2004 State St., Guthrie Center, IA 50115   |
| Mary Barnett Memorial Library 641-747-8110 |
| 400 Grand St., Guthrie Center, IA          |
| Year around programming for all ages.      |
| Panora Public Library 641-755-2529         |
| 102 N 1 <sup>st</sup> St., Panora, IA      |
| Year around programming for all ages.      |
| Stuart Public Library 515-523-2152         |
| 111 Front St., Stuart, IA                  |
| Year around programming for all ages.      |
| Casey Public Library 641-746-2670          |
| 604 McPherson St., Casey, IA               |
| Year around programming for all ages.      |
| Menlo Public Library 641-524-4201          |
| 505 5 <sup>th</sup> St., Menlo, IA 50164   |
| Year around programming for all ages.      |
|  |

| Jamaica Public Library   |
|--|
| Bagley Public Library  |
| <u>Chamber Movie Nights</u> 641-332-2190<br>Guthrie Center City Hall   |
| Church Youth Groupscheck with individual churches Youth Groups and Vacation Bible School <a href="https://iowa.hometownlocator.com/features/cultural,class,church,scfips,19077.cfm">https://iowa.hometownlocator.com/features/cultural,class,church,scfips,19077.cfm</a> |
| Lunch Program at Elementary School641-332-2720   |
| Mentoring712-792-9266  |
|  |

Community Based Mentoring- Mentoring a child through the Fun Friends Mentoring Program is fun and rewarding for children and adults. Mentoring creates a special bond and can help build self-esteem, develop strong values, and provide a fund, nurturing environment. And you can do that in as little as 4 hours per month!

| Guthrie County FairSeptember 3-6, 2021 408 W State St., Guthrie Center, IA  Various events for all ages at the county fair! 4-H and FFA Exhibits. Bill Riley Talent Show, Rodeo, Truck and Tractor Pull, and Figure 8 Races! |
|--|
| Coon Rapids Aquatic Center712-999-7946<br>925 North S., Coon Rapids, IA  |
| Sunset Beach Swimming area Panora, IA  |
| Stuart Aquatic Center 515-523-1553 324 S. 2 <sup>nd</sup> St., Stuart, IA  |
| Whiterock Conservancy712-790-8221<br>1436 IA – 141 Coon Rapids, IA   |
| Hiking, running, horseback riding, mountain biking, canoeing & Kayaking, fishing, stargazing, and UTV rental. Campgrounds and picnic areas.  |
| <u>Chamber Movie Nights</u> 641-332-2190<br>Guthrie Center City Hall   |
| Stuart Fremont Theatre   |

# SAC COUNTY

| <u>4-Н</u> 712-662-7131  |
|--|
| Steph Erpelding  |
| A Youth Development Program that provides opportunities for youth to develop skills that they can use now and throughout their lives. 4-H builds on a century of experience as it fosters positive youth development that is based on the needs and strengths of youth, their families, and communities.     |
| ISU Extension Office712-662-7131   |
| Steph Erpelding  |
| 620 Park Ave., Sac City, IA  |
| Holds various clinics for all ages year around.  |
|  |
| <u>FFA</u>   |
| East Sac County High School 712-665-5001   |
| Ridge View High School 712-368-4353  |
| Future Farmers of America- FFA is an intra-curricular student organization for those interested in agriculture and leadership. <b>FFA</b> is a dynamic youth organization that changes lives and prepares members for premier leadership, personal growth and career success through agricultural education. |
| Cub Scout Pack 197   |
| Facebook page  |
| Mid America Council Twin Lakes District; Local Pack: Wall Lake, Lake View, Sac City, Auburn and surrounding areas  |
| Girls Scout Brownie Troop712-830-7815  |
| Christy Jenkins  |
| 2nd/3rd grade  |
| Sac City Rec Center712-662-4553 or Facebook page   |

| Bowling                                   |
|---|
| Lake Lanes712-664-2252                    |
| 115 Main St., Wall Lake, IA               |
| Indian Lanes712-662-7467                  |
| 211 N. 13 <sup>th</sup> St., Sac City, IA |
| Youth leagues during the school year.     |
| <u>Pools</u>                              |
| Sac City 712-662-7239                     |
| 703 S. 12 <sup>th</sup> St. Sac City, IA  |
| Schaller712-275-4526                      |
| 122 W 2 <sup>nd</sup> St., Schaller, IA   |
| Odebolt                                   |
| 460 8 <sup>th</sup> St., Odebolt, IA      |
| Wall Lake 712-664-2875                    |
| 305 E. 3 <sup>rd</sup> St., Wall Lake, IA |

| Black Hawk Fitness Center   |
|---|
| 403 Vine St., Lake View, Iowa   |
|   |
| <u>Splash Pad</u> 712-657-2364  |
| City of Lake View   |
| Located in Speaker Park – open during the summer months   |
|   |
| <u>Haggie Park</u> 712-662-4530   |
| Sac County Conservation Board   |
| 2970 280 <sup>th</sup> St., Sac City, IA  |
| Various camps and activities available for all ages.  |
| <u>Grant Park</u> 712-662-4530  |
| 3531 365 <sup>th</sup> St. Auburn, IA   |
| Campground, fishing, and boat ramp to access the North Raccoon River.   |
| <u>Camp Crescent</u>  |
| 1109 3 <sup>rd</sup> St., Lake View, IA   |
| Camping, fishing, Stone Pier Summer Concert series, mini golf, walking/biking trails, Sauk Rail Trail, public beaches, picnic areas, boat ramps, and playground |
| equipment.  |
| Mohr's Farm Market712-688-7797  |
| 312 Pine St. Auburn, IA   |
| Farmer's market open seasonally July thru November featuring a variety of fresh produce from local farms.   |
|   |
| Spring Lake Golf and Country Club 712-668-4410  |
| 3286 Karr Ave. Wall Lake, IA  |
| 9 hole, Par 36 - Golf Course  |
| <u>Sac County Fair</u>  |
| July 28 – July 31, 2021   |
| 416 Park Ave., Sac City, IA   |
| Various events for all ages at the county fair! 4-H and FFA Exhibits. Barnes PRCA Rodeo, Outlaw Tractor Pull, Figure 8 races, and Live music!                   |
|   |

<u>Java with Jesus</u>.....712-275-4299

Lori Lyons

High Schoolers meet weekly before school for coffee and fellowship

#### Summer Reading Programs

Schaller Public Library, 712-275-4741

103 S Main St., Schaller, IA

Early Public Library, 712-273-5334

107 N Main St., Early, IA

Sac City Public Library, 712-662-7276

1001 W. Main St. Sac City, IA

Wall Lake Public Library, 712-664-2983

116 Main St., Wall Lake, IA

Lake View Public Library, 712-657-2310

202 Main St., Lake View, IA

Auburn Public Library, 712-688-2264

209 Pine St., Auburn, IA

Various programming for all ages year around.

Churches in Sac County.....

Church youth groups and Vacation Bible School

https://iowa.hometownlocator.com/features/cultural,class,church,scfips,19161.cfm

Mentoring.....712-792-9266 or 712-662-7921

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# INTEGRATED PROVIDER NETWORK

New Opportunities provides IPN Problem Gambling and Substance Misuse Prevention Services in <u>Audubon, Carroll, Greene, Guthrie, and Sac</u> Counties addressing the priority areas of: Alcohol, Marijuana, Prescription Medications, Problem Gambling, and Tobacco.

The Iowa Department of Public Health (IDPH) Substance Use and Problem Gambling Services Integrated Provider Network (IPN) is a statewide, community-based, resiliency- and recovery-oriented system of care for substance use and problem gambling services (prevention, early intervention, treatment, and recovery support).

The IPN brings together three previously separate service systems: Substance Abuse Prevention, Substance Use Disorder Treatment, and Problem Gambling Prevention and Treatment, as directed in legislation beginning in 2009. IPN services are funded by the State General Fund appropriation to IDPH for substance use and problem gambling services and the <u>SAMHSA Substance</u> Abuse Prevention and Treatment Block Grant.

At a minimum, contractors must provide Prevention Services that comply with the Institute of Medicine Prevention Classifications, the <u>Strategic Prevention Framework</u>, and the six SAMHSA Prevention Service Categories

Contractors plan and provide Prevention Services in coordination with stakeholders and provide Prevention Services that address the lifespan, with evidence-based programs <u>appropriate to</u> different persons and populations.







