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Critical Emotional Needs of Children



Respect

- R**egard highly for
- E**steem for
- S**how consideration for
- P**olite to
- E**nthusiasm for someone
- C**ourtesy
- T**reat with kindness

A child needs to feel **respected**.

For that to happen children need to be **appreciated, valued** and **shown consideration**.

One of the best ways for children to learn about **respect** is to feel what it is like to be treated **respectfully** and to see their parents and other adults treating each other the same way.

To help children grow up feeling **respected** and treating others with **respect**, adults need to model these behaviors with children & other adults.

- Avoid shaming, belittling, yelling and name calling,
- Keep anger and impatience to a bare minimum,
- Yell and order less, and avoid lying,
- Say “please” and “thank-you”, “excuse me” and “I’m sorry”.

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